Quakertown Branch

LAP POOL SCHEDULE: 6/17/2024-8/25/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM- 8:40 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:40 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:55 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	5:00 AM- 8:40 AM LAP SWIM (Lap L1-2-3-4-5) (WW L6)	7:00 AM- 9:00 AM SWIM TEAM (Lap L1-2-3) (WW NA)	7:00 AM- 8:00 AM LAP SWIM (Lap L1- 2-3-4-5) (WW L6)
8:45 AM– 10:20 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM- 11:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	8:45 AM– 10:30 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM– 10:00 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	8:45 AM- 10:20 AM WATER FITNESS CLASSES (Lap L 1) (WW NA)	9:00 AM -1:30 PM SWIM LESSONS (Lap L 5) (WW L6)	8:00 AM- 8:50 AM WATER FITNESS CLASSES (Lap L1-2-3-4) (WW NA)
10:20 AM- 10:50 AM Adult Exercise- Social Splash (Lap L1-2-3-4) (WW NA)	11:00 AM- 4:00 PM CAMP SWIM (Lap L3-4) (WW NA)	10:30 AM- 10:50 AM Adult Exercise/ Social Splash (Lap L 1-2-3-4) (WW NA)	10:00 AM- 10:50 AM Adult Exercise/ Social Splash (Lap L 1-2-3-4) (WW NA)	10:20 AM- 10:50 AM Adult Exercise/ Social splash (Lap L1-2-3-4) (WW NA)	1:30 PM- 4:30 PM FAMILY SWIM (Lap L1-2-3-4) (WW NA)	8:50 AM- 1:30 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)
11:00 AM- 4:00 PM CAMP SWIM (Lap L3-4) (WW NA)	4:00 PM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	11:00 AM- 4:00 PM CAMP SWIM (Lap L3-4) (WW NA)	11:00 AM- 4:00 PM CAMP SWIM (Lap L3-4) (WW NA)	11:00 AM- 4:00 PM * CAMP SWIM (Lap L3-4) (WW NA)	4:30 PM- 4:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	1:30 PM- 4:30 PM FAMILY SWIM (Lap L1-2-3-4) (WW NA)
4:00 PM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	5:00 PM- 6:30 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	4:00 PM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	4:00 PM- 5:00 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	4:00 PM- 8:45 PM * LAP SWIM (Lap L 2-3-4-5) (WW L6)		4:30 PM- 4:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)
5:00 PM- 6:30 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	6:30 PM- 7:40 PM SWIM LESSONS (Lap L 5) (WW L6)	5:00 PM- 6:30 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)	5:00 PM- 6:30 PM SWIM LESSONS/ SWIM TEAM (Lap NA) (WW NA)			
6:30 PM- 7:40 PM SWIM LESSONS (Lap L 3-4-5) (WW L6)	7:40 PM- 8:20 PM SWIM LESSONS (Lap L 3-4-5) (WW L6)	6:30 PM- 7:40 PM SWIM LESSONS (Lap L 4-5) (WW L6)	6:30 PM- 7:40 PM SWIM LESSONS (Lap L 4-5) (WW L6)			
8:00 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	8:20 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	7:40 PM- 8:45 PM LAP SWIM (Lap L 2-3-4-5) (WW L6)	7:40 PM- 8:45 PM CONDITIONING CLASS (Lap 6) (WW NA)			
	-					updated 6/24
			IMPORTANT NOTE:			
				Schedule may change for instances out of our control such as lightning, water contamination, etc.		
				If you should have any questions please contact the Aquatic Office at (215) 536-8841 ext 3126 or email us at bmusselman@ymcabhc.org		

NA = Not Available

WW= Water Walking/Water Exercise Lap Swimming L= Lanes available for continuous 25 yd. lap swimming

*3:30-4:30pm Pool deck cleaning