

# WATER PARK POOL WINTER SESSION SCHEDULE: 1/30/2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM - 8:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)	5:00 AM - 6:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)	5:00 AM - 8:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM <b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)
8:00 AM - 9:30 AM <b>OPEN SWIM</b> (BEACH- COVE, L 3, 4- 5)	8:00 AM - 9:00 AM <b>OPEN SWIM</b> (BEACH)	8:00 AM - 9:00 AM <b>OPEN SWIM</b> (BEACH- COVE)	6:00 AM - 7:00 AM <b>OPEN SWIM</b> (BEACH- COVE)	8:00 AM - 9:00 AM <b>OPEN SWIM</b> (BEACH- COVE)	8:00 AM - 9:00 AM <b>OPEN SWIM</b> (BEACH, COVE, L 3)	8:00 AM - 9:00 AM <b>OPEN SWIM</b> (BEACH, COVE, L 3)
9:30 AM - 11:15 AM <b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)	8:00 AM - 9:00 AM <b>AQUA YOGA</b> (COVE, L 3- 4- 5)	8:00 AM - 9:00 AM <b>AQUA AEROBICS</b> (L 3- 4- 5)	6:00 AM - 7:00 AM <b>AQUA TABATA</b> (L 3- 4- 5)	8:00 AM - 9:00 AM <b>OPEN WALKING EXERCISE</b> (L 3- 4- 5)	8:00 AM - 9:00 PM <b>PRIVATE SWIM LESSONS</b> (L 4- 5)	8:00 AM - 9:00 PM <b>PRIVATE SWIM LESSONS</b> (L 4- 5)
11:15 AM - 12:15 PM <b>OPEN SWIM</b> (BEACH)	9:30 AM - 11:15 AM <b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)	9:00 AM - 11:15 AM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	7:00 AM - 8:00 AM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	9:00 AM - 10:30 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	9:00 AM- 1:00 PM	9:00 AM- 1:00 PM
11:15 AM- 12:15 PM <b>ARTHRITIS</b> ( COVE, L 3- 4- 5)			8:00 AM - 9:00 AM <b>OPEN SWIM</b> (BEACH)	10:30 AM - 11:30 AM <b>OPEN SWIM</b> (BEACH)	<b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)	<b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)
12:15 PM - 4:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	11:15 AM - 1:15 PM <b>OPEN SWIM</b> (BEACH)	11:15 AM - 12:15 PM <b>OPEN SWIM</b> (BEACH)	8:00 AM - 9:00 AM <b>AQUA YOGA</b> (COVE, L 3- 4- 5)	10:30 AM - 11:30 AM <b>ARTHRITIS</b> ( COVE, L 3- 4- 5)	1:00 PM -2:00 PM <b>OPEN SWIM</b> (BEACH, COVE)	1:00 PM -2:00 PM <b>OPEN SWIM</b> (BEACH, COVE)
4:00 PM - 5:00 PM <b>OPEN SWIM</b> (BEACH)	11:15 AM- 12:15 PM <b>ARTHRITIS</b> ( COVE, L 3- 4- 5)	11:15 AM- 12:15 PM <b>ARTHRITIS</b> ( COVE, L 3- 4- 5)	9:00 AM - 9:30 AM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	11:30 AM - 12:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	12:00 PM - 2:00 PM <b>PRIVATE SWIM LESSONS</b> (L 4- 5)	12:00 PM - 2:00 PM <b>PRIVATE SWIM LESSONS</b> (L 4- 5)
4:00 PM - 5:00 PM <b>PRIVATE SWIM LESSONS</b> (COVE, L 4- 5)	12:15 PM - 2:00 PM <b>ABILITY- TOPS</b> (COVE)	12:15 PM - 4:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	9:30 AM - 11:15 AM <b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)	12:00 PM - 2:00 PM <b>QUAKER SCHOOL</b> (BEACH, COVE, L 3- 4- 5)	12:00 PM - 2:00 PM <b>ABILITY SWIM LESSONS</b> (L 3)	12:00 PM - 2:00 PM <b>ABILITY SWIM LESSONS</b> (L 3)
4:00 PM- 5:00 PM <b>SEEKERS</b> (L 3)	12:15 PM- 1:15 PM <b>AQUA LOW IMPACT</b> (L 3- 4- 5)	4:00 PM - 5:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3)		2:00 PM- 4:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	<b>2:00 PM - 5:45 PM</b>	<b>2:00 PM - 5:45 PM</b>
5:00 PM- 8:00 PM	1:15 PM - 2:00 PM <b>OPEN SWIM</b> (BEACH, L 3- 4- 5)	4:00 PM- 5:00 PM <b>SEEKERS</b> (L 4- 5)	11:15 AM - 12:15 PM <b>OPEN SWIM</b> (ONLY BEACH)	4:00 AM - 8:00 PM <b>OPEN SWIM</b> (BEACH, COVE)	<b>FAMILY OPEN SWIM</b> (BEACH, COVE, ELEM)	<b>FAMILY OPEN SWIM</b> (BEACH, COVE, ELEM)
<b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)		5:00 PM- 8:00 PM	11:15 AM- 12:15 PM <b>ARTHRITIS</b> ( COVE, L 3- 4- 5)	4:00 PM - 8:00 PM <b>PRIVATE SWIM LESSONS</b> (L 3- 4- 5)		
	2:00 PM - 5:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	<b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)	12:15 PM - 2:00 PM <b>OPEN SWIM</b> (BEACH- COVE, L3)	8:00 AM - 8:45 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)		
	5:00 PM- 8:00 PM		12:30 PM - 2:00 PM <b>ABILITY- TOPS</b> (L 4- 5)	<b>IMPORTANT NOTE:</b>		
8:00 PM- 9:45 PM	<b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)			<b>While we try to adhere to this schedule, it may change due to unexpexted conditions.</b>		
<b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)		8:00 PM- 9:45 PM	2:00 PM - 5:00 PM <b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	<b>Group, private swim lessons, adaptive swim lessons, swim team represent paid programming space.</b>		
	8:00 PM- 9:45 PM	<b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)	5:00 PM- 8:00 PM	<b>Pool schedule available online at:</b>		
	<b>OPEN SWIM/ LAP SWIM</b> (BEACH, COVE, L 3- 4- 5)		<b>GROUP SWIM LESSONS ONLY</b> (BEACH, COVE, L 3- 4- 5)	<a href="http://ymcabhc.org">ymcabhc.org</a>		
			8:00 PM- 9:45 PM	<b>L= LANE ELEM= ELEMENTS</b>		
			<b>OPEN SWIM</b> (BEACH, COVE, L 3- 4- 5)			1/30/2023
				<b>SLIDE ONLY ON DURING DESIGNATED TIMES.</b>		
OPEN SWIM	ADAAULT GROUP EX/ ARTHRITIS		GROUP SWIM LESSONS	PRIVATE SWIM LESSONS	ABILITY PROGRAM	ELEMENTS AND SLIDE ON