

YMCA of Bucks and Hunterdon Counties

SUMARER PROGRAMGUDE Deer Path Jun 17-Aug 25, 2024

Welcome to YMCA of Bucks and Hunterdon Counties' summer program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! <u>Click here to learn more</u>.

PROGRAM REGISTRATION DATES:

- Family Members: April 24 (online, phone or in-person)
- Member: April 26 (online, phone or in-person)
- Non-member: April 29 (online, phone or in-person)

NOT A MEMBER? <u>Click here</u> to join today.



Know before you go. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

SCAN THE QR CODE or <u>click here</u> to sign up for alerts!

Having trouble opting in? Or already in the system but need to add new locations? <u>Click here</u> to email Brittney for help.

Monthly Drafts

For our regular youth and adult sports programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! <u>Click here to learn more.</u>



Financial Assistance

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details <u>click here or scan the QR code.</u>

HOLIDAYS

In observance of holidays, the Y will be closed on 7/4 for Independence Day and 9/2 for Labor Day.

Click Here for upcoming events at the Y!





Deer Path – Hunterdon County 144 West Woodschurch Rd., Flemington, NJ 908.782.1030 <u>Click here</u> for hours and amenities

2500 Lower State Road, Doylestown, PA

Click here for hours and amenities

Doylestown – Bucks County

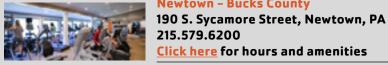
Fairless Hills – Bucks County

215.348.8131













Click here for hours and amenities Quakertown – Bucks County 401 Fairview Avenue, Quakertown, PA 215.536.9622

Click here for hours and amenities

Warminster – Bucks County 624 York Road, Warminster, PA 267.387.9622 Click here for hours and amenities

As a full member you have access to our branches in Bucks County Pennsylvania and Hunterdon County New Jersey.

Please view a full list of our locations below.

For more information visit

ymcabhc.org

FITNESS

We offer state-of-the-art wellness centers and exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio and selectorized strength machines and free weight and functional training equipment.

GROUP EXERCISE

Group exercise classes are available virtually and in-person. Reservations are only required for aquatic group exercise classes. <u>Click here</u> for schedules and reservations.

FITNESS TRAINING

Training is available one-on-one, with a partner, or in a team setting of three or more participants, outdoors or indoors at any of our branch locations or virtually anywhere you are!

Book an appointment for an InBody Body Composition Scan

For questions, prices, or to book a training package <u>click here</u> or scan the QR code to the right.

Fitness Equipment Orientations

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively, review everything you need to know to set you up for success, and also give you a familiar face you can go to for help if you need it.

Click here to register

Click here to watch our fitness orientation video

Questions? Click here.

We are pleased to provide online access to group exercise classes and family and youth programs through our virtual platform, Y Wellness 24/7. This platform provides live and on-demand group exercise, sports and play programs. The platform also includes access to 75+ live classes each week and more than 10,000 Y-specific, on-demand classes in training, mindfulness, nutrition, stress management, and more.



NET 6/27. Magan M (Bucks, Y Welfored)

Scan the QR code or click here to access Y Wellness 24/7



Camp Carr Pool Hours Mon-Thurs 6-8 PM Fri 5-8 PM Sat 11 AM-8 PM Sun 12-7 PM Holland Pool Hours Mon & Wed 5-8 PM Sat/Sun 12-5 PM

OPENS

MON

JUNE 17

GYMNASIUM

Hunterdon County: Deer Path

Bucks County: Doylestown, Fairless Hills and Quakertown Our gymnasiums are available for open gym, basketball and pickleball.

To view our gymnasium schedules, <u>click here.</u>

AQUATICS

<u>Click here for Aquatics</u>: Deer Path, Doylestown, Fairless Hills, Quakertown and Warminster In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown) and aquatic group exercise classes. Bucks aquatic exercise classes are available via a reservation system.



Y Wellness My Way – Let's Get Started, is a personalized, four week wellness program that helps to keep you accountable while connecting you with others. With the support of fitness professionals, you will learn how to set and reach your goals over a four week period. Get ready to experience results!

Returning this fall

Registration opens in March. <u>Click here to learn more!</u>



METRO ESPORTS GAMING LOUNGE

Doylestown Lounge Mon-Fri 4:30-9 PM Sat & Sun 2-6 PM

Warminster Lounge

STAY & PLAY HOURS

Mon-Fri 4:30-7 PM

Sat & Sun 2-5 PM

Fairless Hills Lounge Mon-Thurs 3-7 PM Fri 3-8 PM Sat & Sun 2-5 PM

DOYLESTOWN SKATEPARK Mon-Thurs 4:30-8 PM Fri 4:30-9 PM Sat/Sun 12-6 PM

Hours and availability are subject to change due to weather conditions. Please check our website for the latest information. **Click here for more information.**

G LOUNGE Hills Lounge rs 3-7 PM



<u>Click here for more information.</u> Deer Path-Hunterdon County

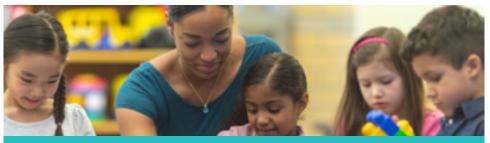
Mon-Fri 8:30-11:30 AM and Mon-Thurs 4-7:30 PM; Sat 8-11 AM

Doylestown-Bucks County Mon-Thurs 8:30 AM-1 PM; 4-8 PM; Fri 8:30 AM-1 PM; Sat 8 AM-1 PM; Sun 9:30 AM-1 PM

Fairless Hills-Bucks County Mon-Thurs 8:30 AM-11:30 AM; 4:30-7:30 PM; Fri 8:30 AM-11:30 AM; Sat 8:30 AM-12 PM

<mark>Quakertown-Bucks County</mark> Mon-Sat 8:30 AM-12:30 PM; Mon-Thurs 5-7:30 PM

hurs 3-7 PM SPM Sun 2-5 PM



Child Care and School Age Child Care Registration Now Open! <u>Click here</u> for Child Care <u>Click here</u> for School Age Child Care



Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.



beCAUSE together we're touching lives



This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

FIND YOUR POTENTIAL. FIND YOUR Y. For a better Us⁶

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply at <u>ymcabhc.org/hr</u> and in person at the Welcome Center at one of our branches!

SMARTPHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

- 1. Visit your app store.
- 2. Search for "bucks & hunterdon ymcas" using the "&"
- 3. Download to your phone
- 4. Use your personal information to create an account



for Android users



Download our app for iPhone users



Available on the App Store

METRO ESPORTS

EVERY WEEK

MINECRAFT MONDAYS

Compete in fun, easy, and family friendly events on the YMCA Minecraft Server! Earn Metro Coins to spend on prizes and rewards at the Metro Shop, including gaming gear, toys, discounts, and more!

Every Monday | 2:30 PM to 8:00 PM

METRO MADNESS

Drop in anytime to complete challenges in a variety of games including Fortnite and Overwatch every Wednesday. Compete with friends across any game to climb the leaderboard!

Every Wednesday | 3:00 PM to 6:00 PM

FRIDAY NIGHT TOURNAMENTS

Compete in an esports tournament every Friday in games like Fortnite, Smash Ultimate, NBA 2K, Madden, and Overwatch. No skill level or age gap restrictions. Join as a team or make friends along the way. Compete for prizes like gaming peripherals, gift cards, merch, and more!

Every Friday | 4:00 PM to 6:00 PM

ROBLOX RUMBLE

Exclusively at Warminster, participate in weekly Roblox challenges for a chance to win Robux, Pokemon Cards, and Metro Coins! Challenges include speedrunning, obstacle courses, battle royales, and team based games.

Every Saturday | 2:00 PM to 5:00 PM

DOYLESTOWN

MON - FRI: 4:30 PM to 9:00 PM SAT - SUN: 2:00 PM to 6:00 PM

ROBLOX TECH ADVENTURES

A six-week program teaching coding and graphic design through the popular game, Roblox. Each week, students not only play their favorite game but also learn collaborative skills, make friends, and build important STEM foundations!

BRAND NEW esports facility, programming, and summer camps at Fairless Hills is now open!

Every Saturday | 11:30 AM to 1:00 PM Last Session April 20

TECH DAY-OFF SCHOOL CAMP: BUILD-A-PC

Learn about the parts of a computer and how to assemble them, then play your favorite games on your PCI A perfect introduction to STEM concepts for anyone in grades 2 to 7.

Thursday, April 23 | 8:00 AM to 5:00 PM

ZEROSECOND

A return of Metro's electrifying Rocket League tournament! Unforgettable competitive experience as top competitors regionally compete in an intense, fast-paced showdown for a chunk of the massive prize pool.

Saturday, May 18 | Follow Metro on Socials for Updates!

FORTNITE BOX FIGHT NIGHT

A thrilling evening of intense box-to-box combat! Showcase your Fortnite skills in a series of fast-paced battles.

Saturday, August 10 | 3:00 PM

MARIO MOVIE NIGHT

Watch the NEW Super Mario Movie and join the Mario-themed game night; fun for all ages!

Saturday, August 17 | 4:00 PM

WARMINSTER

 MON - THU:
 4:30 PM to 8:00 PM

 FRI:
 4:30 PM to 7:00 PM

 SAT - SUN:
 2:00 PM to 5:00 PM

TECH DAY-OFF SCHOOL CAMP: GAME DEVELOPMENT

Game design for kids in grades 1 to 7. Learn how to use Unreal Engine, the game engine behind Fortnite, as well as other skills useful in any STEM career! An opportunity to spark the scientist in any primary school student.

Friday, May 24 | 8:00 AM to 5:00 PM

RETRO GAMING NIGHT

A nostalgic journey through classic gaming; play a vast selection of retro consoles and games, or bring your own! An evening of casual play, making new friends, and reminiscing about the good old times.

Friday, May 31 | 6:00 PM

FAIRLESS HILLS

MON - THU:	4:30 PM to 9:00 PM
FRI:	4:30 PM to 8:00 PM
SAT - SUN:	2:00 PM to 5:00 PM

ESPORTS DAY-OFF SCHOOL CAMP: FORTNITE BOOTCAMP

The ultimate experience to sharpen your Fortnite skills. An immersive camp designed for player of any skill level; engage in exciting challenges to enhance your tactics and gameplay!

Tuesday, April 23 | 8:00 AM to 5:00 PM

BLOCK BASH - MINECRAFT EVENT

Take part in creative Minecraft challenges and show off your building skills! Open to any skill level and age.

Friday, August 2 | 4:30 PM

METRO COIN

Metro Coins are stacking up and new prizing cycles frequently! Be sure to participate in events, challenges, and game to earn your coins and redeem them for amazing prizes.

party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

PARTY RENTALS

You can rent a Metro Esports facility for your own birthday

Visit metroesports.gg for more info

SUMMER CAMPS

2024 summer camps are live an open for registration, including our brand new Fairless Hills summer camp! Spend summer '24 making new friends and playing amazing games.

Visit metroesports.gg to register

AQUATICS

Deer Path | Summer

PRIVATE SWIM LESSONS

To arrange lessons, contact Christie Stymiest at cstymiest@ymcabhc.org, 908.483.4927

Private Swim Lessons		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Private Swim Lessons: 1:1 Ratio Student / Instructor	(4) 30-minute lessons	3 yrs+					\$146	\$182
	(8) 30-minute lessons	3 yrs+					\$288	\$360
Semi-Private Swim Lessons:	(4) 45-minute lessons	3 yrs+			Pricing is p	per person	\$121	\$151
2:1 Ratio Student / Instructor	(8) 45-minute lessons	3 yrs+			Pricing is p	per person	\$239	\$299

GROUP SWIM LESSONS

Questions? Contact Flora Mannino at fmannino@ymcabhc.org, 908.483.4924 or Christie Stymiest at cstymiest@ymcabhc.org, 908.483.4927

Parent & Child Swim Lessons	Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Parent & Child Swim Levels - All classes are combined							
Water Discovery & Exploration:	6 mos-3 yrs	Pool	Tue & Thu	9:15 AM	9:55 AM	\$176	\$292
Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities	6 mos-3 yrs	Pool	Tue	9:15 AM	9:55 AM	\$88	\$146
and drills which reinforce physical learning and encourage positive interaction.	6 mos-3 yrs	Pool	Thu	9:15 AM	9:55 AM	\$88	\$146
	6 mos-3 yrs	Pool	Sat	9:00 AM	9:40 AM	\$88	\$146
	6 mos-3 yrs	Pool	Sat	9:50 AM	10:30 AM	\$88	\$146
	6 mos-3 yrs	Pool	Sun	9:00 AM	9:40 AM	\$88	\$146
	6 mos-3 yrs	Pool	Sun	9:50 AM	10:30 AM	\$88	\$146

Stingrays Swim Academy - Preschool	Age	Swim Levels Offered	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Please select your child's level based on their age and ability. Not sure which lesson your child sh	ould sign up f	or?	<u>View our Sv</u>	vim Lesson	selector her	e	
Level 1 / Water Acclimation:	3-5 yrs	1-3	Mon & Wed	9:15 AM	9:55 AM	\$176	\$292
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	3-5 yrs	1-3	Mon	9:15 AM	9:55 AM	\$88	\$146
Level 2 / Water Movement: Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water	3-5 yrs	1-3	Mon	10:00 AM	10:40 AM	\$88	\$146
	3-5 yrs	1-3	Mon & Wed	3:30 PM	4:10 PM	\$176	\$292
	3-5 yrs	1-3	Mon	3:30 PM	4:10 PM	\$88	\$146
and safely exiting the water should they fall in.	3-5 yrs	1-3	Mon	4:20 PM	5:00 PM	\$88	\$146
Level 3 / Water Stamina:	3-5 yrs	1-3	Tue & Thu	9:15 AM	9:55 AM	\$176	\$292
Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of	3-5 yrs	1-3	Tue	9:15 AM	9:55 AM	\$88	\$146
arm and leg movements are taught.	3-5 yrs	1-4	Tue & Thu	10:50 AM	11:30 AM	\$176	\$292
	3-5 yrs	1-4	Tue	10:50 AM	11:30 AM	\$88	\$146
		1-3	Tue & Thu	3:30 PM	4:10 PM	\$176	\$292

Level 4 / Stroke Introduction:

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.

3-5 yrs	1-3	Tue	3:30 PM	4:10 PM	\$88	\$146
3-5 yrs	1-4	Tue	4:20 PM	5:00 PM	\$88	\$146
3-5 yrs	1-3	Tue	7:00 PM	7:40 PM	\$88	\$146
3-5 yrs	1-3	Wed	9:15 AM	9:55 AM	\$88	\$146
3-5 yrs	1-3	Wed	10:00 AM	10:40 AM	\$88	\$146
3-5 yrs	1-3	Wed	3:30 PM	4:10 PM	\$88	\$146
3-5 yrs	1-3	Wed	4:20 PM	5:00 PM	\$88	\$146
3-5 yrs	1-3	Thu	9:15 AM	9:55 AM	\$88	\$146
3-5 yrs	1-4	Thu	10:50 AM	11:30 AM	\$88	\$146
3-5 yrs	1-3	Thu	3:30 PM	4:10 PM	\$88	\$146
3-5 yrs	1-3	Thu	4:20 PM	5:00 PM	\$88	\$146
3-5 yrs	1-4	Sat	9:00 AM	9:40 AM	\$88	\$146
3-5 yrs	1-4	Sat	9:50 AM	10:30 AM	\$88	\$146
3-5 yrs	1-4	Sat	10:40 AM	11:20 AM	\$88	\$146
3-5 yrs	1-3	Sat	11:30 AM	12:10 PM	\$88	\$146
3-5 yrs	1-4	Sun	9:00 AM	9:40 AM	\$88	\$146
3-5 yrs	1-4	Sun	9:50 AM	10:30 AM	\$88	\$146
3-5 yrs	1-4	Sun	10:40 AM	11:20 AM	\$88	\$146
3-5 yrs	1-4	Sun	11:30 AM	12:10 PM	\$88	\$146

Stingrays Swim Academy - School Age	Age	Swim Levels Offered	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Please select your child's level based on their age and ability. Not sure which lesson your child sho	uld sign up fo	r?	<u>View our Sv</u>	vim Lesson	selector her	e	
Level 1 / Water Acclimation:	6-12 yrs	1-2	Mon & Wed	9:15 AM	9:55 AM	\$176	\$292
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	6-12 yrs	1-2	Mon & Wed	3:30 PM	4:10 PM	\$176	\$292
	6-12 yrs	1-5	Mon	3:30 PM	4:10 PM	\$88	\$146
Level 2 / Water Movement: Students focus on body position and control, directional change and forward movement in the water	6-12 yrs	1-5	Mon	4:20 PM	5:00 PM	\$88	\$146
while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.	6-12 yrs	1-2	Tue & Thu	9:15 AM	9:55 AM	\$176	\$292
	6-12 yrs	1-5	Tue & Thu	10:50 AM	11:30 AM	\$176	\$292
Level 3 / Water Stamina: Students continue to learn personal water safety skills and learn to swim to safety from a longer	6-12 yrs	1-5	Tue	10:50 AM	11:30 AM	\$88	\$146
distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of	6-12 yrs	1-4	Tue & Thu	3:30 PM	4:10 PM	\$176	\$292
arm and leg movements are taught.	6-12 yrs	1-5	Tue	3:30 PM	4:10 PM	\$88	\$146
Level 4 / Stroke Introduction:	6-12 yrs	1-5	Tue	4:20 PM	5:00 PM	\$88	\$146
Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.	6-12 yrs	1-6	Tue	7:00 PM	7:40 PM	\$88	\$146
	6-12 yrs	1-4	Wed	9:15 AM	9:55 AM	\$88	\$146
Level 5 / Stroke Development: Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns.	6-12 yrs	1-5	Wed	3:30 PM	4:10 PM	\$88	\$146
Emphasis is on improving technique and endurance. Personal water safety continues through treading,	6-12 yrs	1-4	Wed	4:20 PM	5:00 PM	\$88	\$146
water and sidestroke.	6-12 yrs	1-2	Thu	9:15 AM	9:55 AM	\$88	\$146
Level 6 / Stroke Mechanics	6-12 yrs	1-5	Thu	10:50 AM	11:30 AM	\$88	\$146

Level 6 / Stroke Mechanics:

LEVELO / SUUKE MECHANICS:

Students learn butterfly while continuing to develop technique and endurance while refining breaststroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about competitive swimming.

6-12 yrs	1-5	Thu	3:30 PM	4:10 PM	\$88	\$146
6-12 yrs	1-5	Thu	4:20 PM	5:00 PM	\$88	\$146
6-12 yrs	1-5	Sat	9:00 AM	9:40 AM	\$88	\$146
6-12 yrs	1-4	Sat	9:50 AM	10:30 AM	\$88	\$146
6-12 yrs	1-6	Sat	10:40 AM	11:20 AM	\$88	\$146
6-12 yrs	1-3	Sat	11100/01	12:10 PM	\$88	\$146
6-12 yrs	1-5	Sun	9:00 AM	9:40 AM	\$88	\$146
6-12 yrs	1-4	Sun	9:50 AM	10:30 AM	\$88	\$146
6-12 yrs	1-6	Sun		11:20 AM	\$88	\$146

Tween & Teen Aquatic	s	Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Tween & Teen - Swim Basics: Nonswimmers and beginner swimmers become comfortable with underwater submersion as they learn personal water safety and survival skills including floating, paddle stroke and safely exiting the water in the event they fall in.			Pool	Sat	11:30 AM	12:10 PM	\$88	\$146
Tween & Teen - Stroke Introduction: Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.		11-17 yrs	Pool	Sun	11:30 AM	12:10 PM	\$88	\$146
Competitive Clinic:		11-17 yrs	Pool	Tue	5:00 PM	5:40 PM	\$88	\$146
5	passed Youth Level 5 and want to learn about competitive swimming Il four competitive strokes. Starts, turns and finishes are taught.	11-17 yrs	Pool	Sat	11:30 AM	12:10 PM	\$88	\$146
		11-17 yrs	Pool	Sun	11:30 AM	12:10 PM	\$88	\$146
	swim team experience and want the challenge of twice weekly workouts to d fitness levels. Great for staying in shape between sport seasons.	11-17 yrs	Pool	Thu	5:00 PM	5:40 PM	\$88	\$146
Adult Swim Lessons		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Adult Beginner	Designed for non-swimmers. Floating, treading and water safety are taught.	18 yrs+	Pool	Sat	12:15 PM	12:55 PM	\$88	\$146
Adult Intermediate	Basics of front crawl and backstroke are taught. Breaststroke is introduced.	18 yrs+	Pool	Sun	8:15 AM	8:55 AM	\$88	\$146

Stingrays Swim Team

Tryout Dates for the 2024-2025 Season are Sunday, May 19 4:00-4:30 PM or 4:30-5:00 PM and Saturday, May25 8:30-9:00 AM

Stingrays is a year-round competitive swim team offering high-quality, professional, coaching and technique instruction for ages 6 to 18 years. Our team competes in both YMCA and USA Swim meets. The goal of our team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability from the novice swimmer and beyond while instilling the YMCA core values.

All of our coaches, as members of the American Swimming Coaches Association, have access to the most comprehensive trainings and certification programs for youth coaches of any sport in the United States. They provide assurances that the time children spend in swimming will be quality time. To schedule a tryout or for more information contact: Competitive Aquatics Director, Jamie Sobel, 908.483.4928, jsobel@ymcabhc.org.

			FALL/WINTER (Sep-Feb)	SPRING (Apr-May)	SUMMER (Jun-Jul)	2024-2025 Total Fee
Stingrays Competitve Team	Little Stingrays		\$162	\$116	\$104	\$1,409
	Junior 1	 Fees are charged monthly on the 1st according to the	\$188	\$129	\$129	\$1,644
	Junior 2		\$200	\$200	\$180	\$1,955
	Junior 3		\$213	\$212	\$195	\$2,094
	Senior 2	following fee schedule:	\$259	\$246	\$230	\$2,507
	Senior 1B		\$259	\$246	\$230	\$2,507
	Senior 1A		\$303	\$259	\$246	\$2,831

		Member I FLAT FEE	Non-member FLAT FEE
Stingrays Private Lessons	(1) 30-minute lessons	\$35	n/a
	(2) 30-minute lessons	\$66	n/a
	(4) 30-minute lessons	\$128	n/a

COMMUNITY AQUATIC PROGRAMS

Contact Flora Mannino with questions at fmannino@ymcabhc.org or 908.483.4924

Community Programs	Age	Location	Day	Start Time	End Time		Non-member Monthly Fee
Silver Otter Senior Swim Club: Meets three times a week to swim, water walk, exercise, and connect with friends. Swimming or exercising in water can improve circulation and flexibility, ease joint and back pain and improve mood and cognitive	62 yrs+	Pool	Mon/Wed & Friday	12:15 PM 11:00AM	1:00PM 12:15 PM	\$0	\$39

AMERICAN RED CROSS CLASSES

Lifequerd Training (plastation stat)						Member N	on-member
Lifeguard Training (Blended Learning)	Age	Location	Day	Start Time	End Time	FLAT FEE	FLAT FEE

Certification includes Lifeguarding, First Aid & CPR/AED for the Professional Rescuer. Attendance is required for all days in order to gain certification. Classes being offered are Blended Learning, which requires online course work and studying, PRIOR to the first in-person classroom session. Please provide a valid e-mail so the instructor can communicate with you prior to the start of class.

Course 5	May 18 and 19, 2024	15 yrs+	Deer Path	Sat & Sun	9:00 AM	7:00 PM	\$325	\$375
Course 6	June 8 and 9, 2024	15 yrs+	Deer Path	Sat & Sun	9:00 AM	7:00 PM	\$325	\$375
Course 7	August 10 and 11, 2024	15 yrs+	Deer Path	Sat & Sun	9:00 AM	7:00 PM	\$325	\$375

Lifequard Training Departification						Member N	lon-member
Lifeguard Training Recertification	Age	Location	Day	Start Time	End Time	FLAT FEE	FLAT FEE

Includes pre-test, skill review and written and practical final test. Bring CPR mask. Re-certifies Red Cross Lifeguard, First Aid, CPR, O2 and AED for 2 years. Please complete the Blended Learning portion of the Red Cross Lifeguard course to review all videos and practice tests prior to attending. Link to review will be sent upon registration.

Course 5	May 19, 2024	15 yrs+	Deer Path	Sun	10:00 AM	7:00 PM	\$135	\$165
Course 6	June 9, 2024	15 yrs+	Deer Path	Sun	10:00 AM	7:00 PM	\$135	\$165
Course 7	August 11, 2024	15 yrs+	Deer Path	Sun	10:00 AM	7:00 PM	\$135	\$165

SPORTS & ARTS

Deer Path | Summer

YOUTH SPORTS

Questions? Contact Jacob Gleason at jgleason@ymcabhc.org

							Jyleasonay	/incabiic.org
Youth Leagues		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-membe FLAT FEI
Fall Season runs 8 weeks from Septer	ber 7-October 26. Registration deadline September 1.							
Cheetahs Cross Country	Teams meet for one hour on Wednesdays. Runners will work on	5-8 yrs	Round	Wed	5:30 PM	6:30 PM	\$80	\$132
	distance, mid-distance and sprinting events and be introduced to various field events. All participants receive a uniform.	9-14 yrs	Valley Trails	Wed	6:30 PM	7:30 PM	\$80	\$132
MLS GO Soccer	Teams meet for one hour on Saturdays. Time is split between skill	4-5 yrs	Deer Path	Sat	9:45 AM	10:45 AM	\$110	\$18:
	building and gameplay. All players receive a reversible jersey, shorts and socks.	6-8 yrs	Fields	Sat	11:00 AM	12:00 PM	\$110	\$181
YMCA Fall T-Ball	Teams meet for one hour on Saturdays. Time is split between skill building and gameplay. All participants receive a uniform and a hat.	4-5 yrs	Deer Path Baseball Fields	Sat	11:00 AM	12:00 PM	\$80	\$132
NFL Flag Football	Teams meet for one hour on Saturdays. Time is split between skill	5-6 yrs		Sun	9:00 AM	10:00 AM	\$105	\$173
	building and gameplay. All players receive a reversible NFL Flag jersey and flag belt.	7-9 yrs	Deer Path Fields	Sun	10:15 AM	11:15 AM	\$105	\$173
	,,	10-12 yrs		Sun	11:30 AM	12:30 PM	\$105	\$173
Youth Sports & Enrichment		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-membe MONTHL
Parent Child Mini Adventure Camp	A great opportunity for our youngest members to come get a taste and foster new friendships. Each day ends with a group lunch when camper who positively contributed to the group.							
	Two days per week - Monday & Wednesday	1.5-4 yrs	Deer Path	Mon/Wed	9:30 AM	11:00 AM	\$120	\$198
Obstacle Ninja	Run through an obstacle course like a ninja! Train to do	1.5-4 yrs	Gymnasium	Fri	9:40 AM	10:20 AM	\$44	\$73
	just that with strength and conditioning exercises, daily challenges, and ninja courses.	1.5-3 yrs	Gymnasium	Sun	9:15 AM	9:55 AM	\$44	\$73
		4-6 yrs	Gymnasium	Sun	10:10 AM	10:50 AM	\$44	\$73
		7-10 yrs	Gymnasium	Sun	11:00 AM	11:40 AM	\$44	\$73
Volleyball Clinic	Teaches the basics of volleyball - Session runs from September 7- October 26. Each clinic will focus on development of a different	8-10 yrs	Gym	Wed	5:15 PM	6:15 PM	\$66	\$109
	skill, teaching athletes how to bump, set, spike, serve and block, with time to practice thru gameplay.	11-14 yrs	Gym	Wed	6:30 PM	7:30 PM	\$66	\$109
Parent & Child		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-membe MONTHL
Bubbles, Bounce & Gym Returning Fall 2024	Gym is transformed into a play area with bubbles and activities designed to support skill development. Bouncing, climbing, sliding, and movement, complimented by music, craft option, and snack.	1.5-5 yrs	Gymnasium	Mon	9:50 AM	10:30 AM	\$44	\$73

Children ages 1.5-3 must have parent/guardian present. Session

begins September 9.

Free Member Classes		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Jump, Run, Tumble Fun Returning Fall 2024	Play on our indoor gymnastic equipment playground. Great place to let out energy. Parents are required to stay with children. Session begins September 11.	0-5 yrs	Gymnasium	Wed	9:50 AM	10:30 AM	\$0	n/a
Powerplay Returning Fall 2024	Keep the kids active. Emphasizes activity through sports and active games. Session begins September 10.	5-8 yrs	Gym	Tue	5:00 PM	5:40 PM	\$0	n/a
Karate & Martial Arts		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
				Co	ntact Jack Atwel	l with question	s at jatwell@	ymcabhc.org
Kids Karate: Beginner	Elements of balance, coordination and agility will be taught. Basic Karate techniques will be introduced.	5-6 yrs	Gymnasium	Sat	9:00 AM	9:45 AM	\$44	\$73
Youth Martial Arts: Beginner (White Belts)	Get your body and mind active! Beginner students will learn the basic blocks, kicks, forms, strikes and self-defense in the Isshinryu style of Karate. Students will develop self-confidence, self-control and respect for themselves and others.	7-14 yrs	Gymnasium	Sat	10:00 AM	11:00 AM	\$66	\$109
Youth Martial Arts: Intermediate (Yellow, Orange, & Green Belts)	Advanced students will continue their journey in Isshinryu Karate with techniques and self-defense strategies. Develop stamina, mental focus and camaraderie with fellow students. Controlled sparring introduced.	7-14 yrs	Gymnasium	Sat	11:15 AM	12:15 PM	\$66	\$109
Black Belt/Brown Belt Martial Arts	This is the time to learn advanced techniques and concepts. Students will pursue an in depth analysis of kata, sparring and self- defense, as well as the mental and spiritual aspects that will help them move forward.	10 yrs+	Gymnasium	Sat	12:30 PM	2:00 PM	\$72	\$118
Adult Martial Arts	Traditional Martial Arts class taught in a comfortable environment. Attain mental and physical growth. Learn to defend yourself, relieve stress and have fun.	15 yrs+	Gymnasium	Mon	7:00 PM	8:30 PM	\$72	\$118

ARTS & HUMANITIES

Contact Jill Dextraze with questions at jdextraze@ymcabhc.org

Dance		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
<i>Appropriate Dance attire required. Pre Ballet/Ballet: Girls-leotard (</i>	any style/color), tights, ballet slippers (canvas or leather); Boys-dance pants/si	horts, t-shirt,	ballet slippers (canvas or le	ather). Tap: any	v style tap sho	es.	
Petite Feet	A wonderful introduction to the joy of dance! Children will march, jump, and twirl as they learn ballet using props, imagery, and games. Children will develop grace and coordination in a fun, nurturing environment.	3-4 yrs	MPR	Sat	10:50 AM	11:30 AM	\$44	\$73
Ballet I/Tap	The perfect combination class for 4 to 6 year olds - Ballet promotes coordination, balance, and grace while tap develops a sense of	6 4-6 yrs	MPR	Tue	5:30 PM	6:30 PM	\$55	\$91
	rhythm, timing, and musicality. An exciting introduction to dance!	4-6 yrs	MPR	Sat	11:45 AM	12:45 PM	\$55	\$91
Ballet II & III/Tap	This combination of ballet and tap dance will further develop the dance skills learned at the previous level. Focus will be on	7 yrs+	MPR	Thu	5:30 PM	6:30 PM	\$55	\$91
	technique and strength. Tap basics will be expanded.	7 yrs+	MPR	Sat	1:00 PM	2:00 PM	\$55	\$91

Adult Tap I	Basic beginner is perfect if you're brand new to tap dance or are returning after a long hiatus. We will focus on basic vocabulary and technique.	18 yrs+	Fitness Studio	Mon	5:30 PM	6:30 PM	\$55	\$91
Adult Tap II	For those comfortable with basic technique steps like shuffles, flaps, cramp rolls, and paradiddles. We will focus on clarity in your technique, musicality, and combination steps like Buffalo, Maxi Ford and Time Steps.	18 yrs+	Fitness Studio	Tue	7:00 PM	8:00 PM	\$55	\$91
Adult Tap III	For those with their technical vocabulary down. We will work on longer phrases, faster footwork and start trick steps like pullbacks and wings.	18 yrs+	Fitness Studio	Thu	6:45 PM	7:45 PM	\$55	\$91

ADULT & TEEN SPORTS

Questions? Contact Jacob Gleason at jgleason@ymcabhc.org

Teen Sports		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Teen Basketball League	Join our Teen Basketball League to test your skills in a fun, competitive environment. YMCA staff will referee games and record stats. Teams will compete in a 6-week regular season followed by playoffs. Sign up as an individual or request to play with friends. Summer session will begin June 18.	7th-8th Grade	TBA	Tue / Thu	6:00 PM	8:00 PM	\$55	\$91
Adult Pickleball		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
View our website for a full list of gro	oup play times available to members:	<u>Pickleba</u>	II Schedule - A	Il Branches				
Beginner Pickleball Returning Fall 2024	Learn the basics of pickleball and get used to the game! Our instructors have plenty of experience playing and are great to work with to get your skills to the highest level!	18 yrs+	Gymnasium	Wed	11:00 AM	12:00 PM	\$47	\$78
Adult Sports & Recreation		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
	open tables will be provided for games such as Mahjong, Cards, s! Table spots will be a first come, first serve basis.	18 yrs+	Varies	Tue & Fri	12:30 PM	3:30 PM	\$0	\$39
Adult Volleyball Returning Fall 2024	Group plays on Sundays from 12:00-2:00 PM. Program is run in a pick-up format with players divided into teams when they arrive.	18 yrs+	Gymnasium	Sun	12:00 PM	2:00 PM	\$0	n/a

COMMUNITY & FAMILY

Hunterdon Branches | Summer

FAMILY & TEEN

Questions?	Contact Jacob Gleason at
	jgleason@ymcabhc.org

Toon Brograms						Member N	Non-member
Teen Programs	Age	Location	Day	Start Time	End Time	FLAT FEE	FLAT FEE

Model United Nations:

Model UN introduces students to the operation and structure of the United Nations while providing an opportunity to actively learn about world cultures and debate issues of international importance through weekly meetings. The program culminates in a three day conference at the Hershey Lodge and Conference Center at which students from New Jersey, Pennsylvania and Delaware, New York and Connecticut work together to produce and debate solutions to these issues. Clubs are held at North Hunterdon and Voorhees High Schools and Readington and JP Case Middle Schools. Students from other districts can contact Len Yacullo at lyacullo@ymcabhc.org for more information.

Deer Path Parent's Night Out (PNO)		Дау	End Time	Member Non-n	-
PARENT'S NIGHT OUT			Questions?	Contact Jacob Gleas jgleason@ymcab	

Mark your calendar, PNO is held monthly on the second and fourth Friday of each month with a different theme!

Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. (Member rate available to children with a youth or family membership)

	(1) child						\$29	\$49
	(2) children (requires phone or in person registration)						\$41	\$68
	(3) children (requires phone or in person registration)						\$48	\$80
Parent's Night Out	Friday, May 10	3 mos-12 yrs	Stay & Play	Fri	5:30 PM	9:00 PM	1 Pricing listed a	
	Friday, May 17	3 mos-12 yrs	Stay & Play	Fri	5:30 PM	9:00 PM	Pricing liste	ed above
	Friday June 7	3 mos-12 yrs	Stay & Play	Fri	5:30 PM	9:00 PM	Pricing liste	ed above
	Friday, July 12	3 mos-12 yrs	Camp Carr	Fri	5:30 PM	9:00 PM	Pricing liste	ed above
	Friday, July 26	3 mos-12 yrs	Stay & Play	Fri	5:30 PM	9:00 PM	Pricing liste	ed above
	Friday, August 9	3 mos-12 yrs	Camp Carr	Fri	5:30 PM	9:00 PM	Pricing liste	ed above
	Friday, August 23	3 mos-12 yrs	Stay & Play	Fri	5:30 PM	9:00 PM	Pricing liste	ed above

STAY & PLAY			Contact Pamela Gardinsky with questions at pgardinsky@ymcabhc.org
Member Use - Open Hours	While you workout or utilize the facility, your children 8 weeks through 13 8 wks- years old can play and have fun in Stay & Play. FREE to members (children 13 yrs of adult members and youth members). Visit the Stay & Play page on www.ymcabhc.org for detailed information. Non-members may utilize Stay & Play for \$3 per child per visit.	Deer Path	Mon-Thu 8:30-11:30 AM Mon-Thu 4:00-7:30 PM Fri 8:30-11:30 AM Sat 8:00-11:00 AM

AMERICAN RED CROSS CLASSES at ROUND VALLEY

\$115

\$140

Lay Responder CPR/AED	& First Aid	Age	Location	Day	Start Time	End Time	Member N FLAT FEE	lon-member FLAT FEE			
American Red Cross Class. All classes include Adult, Child, Infant CPR/AED/First Aid 2 Year Certification. Classes are subject to change based on enrollment. Confirmation via email sent the week before class. Classes are non-refundable. 17 yrs or older.											
Lay Responder CPR/AED	April 20, 2024	17 yrs+		Sat	11:00 AM	3:30 PM	\$115	\$140			
& First Aid Certification	May 11 2024	17 yrs+	Round Valley	Sat	11:00 AM	3:30 PM	\$115	\$140			

17 yrs+

Sat

11:00 AM

3:30 PM

Lifeguard trainings are also available - view listings under Deer Path Aquatics / American Red Cross Classes

June 08 2024

YOUTH & FAMILY

Camp Carr | Summer

FAMILY & TEEN

Questions? Contact Andy Cogen at acogen@ymcabhc.org

Family Events		Age	Location	Day	Start Time	End Time	Member N FLAT FEE	on-member FLAT FEE
	Branch of the Raritan River. Enjoy the Camp Carr facility. Bring your ten archery, s'mores, games, fishing, and more. You will have the opportunit						ith fun. Family	
One Day Overnight	Fri, May 19 4:00 PM to Sat, May 20 4:00 PM Includes Saturday actvities							
Two Days Overnight	Fri, May 19 4:00 PM to Sun, May 21 10:00 AM			All A	lges - Camp C	Carr		

Full details coming soon!

 Enjoy the full experience

 Saturday Only
 Sat, May 20 9:00 AM-4:00 PM

 Come Saturday when all the camping fun happens!

Teen Programs		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Teen Night	Come out to Camp Carr for an evening of fun! Grab some slices of pizza, socialize, and play some kickball, dodgeball, and more!	12-15 yrs	Camp Carr	Fri 5/31	7:00 PM	9:00 PM	\$10	\$15

YOUTH SPORTS

Questions? Contact Andy Cogen at acogen@ymcabhc.org

Youth Sports & Enrichm	ent	Age	Location	Day	Start Time	End Time	Member M FLAT FEE	Non-membei FLAT FEE
Beginner Archery: April 20-May 11 (4 weeks)	Learn Archery with a certified USA Archery Coach. This program will introduce students to the basics of archery while developing strong problem-solving skills, increasing focus and determination, learning goal setting, and building confidence. Students will enjoy fun challenges that will culminate in an end-of-class exhibition.	7-11 yrs	Camp Carr	Sat	11:00 AM	1:00 PM	\$85	\$136
Archery Tag: April 20-May 11 (4 weeks)	Archery Tag is a unique, fast-paced team sport played by launching foam-tipped arrows at the opposing team. Players will be introduced to the basic mechanics of launching arrows prior to play. Player are provided with protective gear including, face masks and eye protection.	9-14 yrs	Camp Carr	Sat	1:30 PM	2:30 PM	\$45	\$74
Parent & Child	masks and eye protection.						Member M	Non-n

Parent & Child		Age	Location	Day	Start Time	End Time	Member N FLAT FEE	on-member FLAT FEE
Outdoor Ninja Champions: April 20-May 11 (4 weeks)	Come and enjoy the outdoors in this fun energetic program that combines athletic skills with fun challenges. Parents are welcome to participate. Each week the ninja course will be assembled to challenge all abilities. Climb over it, under it or around it. There is a challenge for everyone. Run for speed, run to succeed or just come out and enjoy watching your child embrace their inner ninja. There will be daily challenges and awards.	4-6 yrs	Camp Carr	Sat	2:30 PM	3:10 PM	\$42	\$69

ARTS & HUMANITIES

Art Classes		Age	Location	Day	Start Time	End Time	Member N FLAT FEE	lon-member FLAT FEE
Art in Nature: April 18-May 23 (6 weeks)	Experience art through nature. Students will learn different mediums of art using a variety of fun techniques that have a nature focus. Projects will include watercolors, and acrylic painting, pastels, clay & more!	5-10 yrs	Camp Carr Pavilion	Thu	5:30 PM	6:10 PM	\$63	\$95

ADULT PROGRAMS

Questions? Contact Andy Cogen at acogen@ymcabhc.org

Adult Recreation		Age	Location	Day	Start Time	End Time	Member N FLAT FEE	lon-member FLAT FEE
Cornhole Fun Tournament: Sunday, May 19	Come out to scenic Camp Carr to enjoy some low-stress games of cornhole! Much like bowling or mini-golf, you don't have to be a pro to have fun playing this classic game. Join us for some friendly competition while taking in the nature scenery, listening to some good music, and tossing some bags!	, -	Camp Carr	Sun	10:00 AM	1:00 PM	\$15	\$24

COMMUNITY & FAMILY

All Branches | Summer

For questions or inquiries on availability, contact:

Camp Carr - Andy Cogen, acogen@ymcabhc.org

Quakertown - Becky Musselman, bmusselman@ymcabhc.org

Doylestown, Fairless Hills, Holland, Deer Path & Warminster - Valerie Tanner, vtanner@ymcabhc.org & Hannah Keller, Hkeller@ymcbhc.org

PARTIES

After Hours Splash 'N Bash	Branch Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
After Hours Splash 'N Bash Party						
This party is EXCLUSIVE and held after-hours on Saturdays. Great option for boy scouts/girl scouts, school celebrations, church groups and more! Please see pool policies for important safety information. 25 guests maximum. 15 min swim testing, 1 hr pool celebration, 15 min	Deer Path	Saturdays	5:00 PM	7:00 PM	\$386	\$483
	Doylestown	Saturdays	6:00 PM	8:00 PM	\$386	\$483
changing time and 30 min party room. 3-4 lifeguards. Ages 4 yrs+.	Fairless Hills	Saturdays	5:00 PM	7:00 PM	\$386	\$483
*Warmington Branch narty time may be adjusted if the facility is cleaine later	Quakertown	Saturdays	5:00 PM	7:00 PM	\$386	\$483
*Warminster Branch party time may be adjusted if the facility is closing later.	Warminster	Saturdays	2:30 PM	4:30 PM	\$308	\$385
		Additional hour at all branches:				\$165

Esports Parties	Branch Location		Party Fee
Love gaming? Celebrate your birthday at our new gaming lounge! Guests enjoy all loung	e amenities and party space for food and ca	ake. Ages 7 yrs+	
Esports Party during Open Lounge Hours: Shared Space with Community	Doylestown	YMCA Members:	\$365
Two Hour Party Monday-Friday 4:30 PM-6:30 PM	Doylestown	Non-members:	\$450
Saturday and Sunday 3:30 PM-5:30 PM Saturday After Hours 6:00-8:00 PM	Doylestown	Additional hour:	\$160
Esports After Hours Party:	Doylestown	YMCA Members:	\$499
turdays 6:00 PM-8:00 PM	Doylestown	Non-members:	\$595
	Doylestown	Additional hour:	\$160
Esports Party during Open Lounge Hours: Shared Space with Community	Fairless Hills	YMCA Members:	\$289
Two Hour Party Saturday 12:00-2:00 PM	Fairless Hills	Non-members:	\$384
Sunday 10:00 AM-2:00 PM (any two hour window in this range)	Fairless Hills	Additional hour:	\$160
Esports After Hours Party:	Fairless Hills	YMCA Members:	\$339
Saturdays 5:00 PM-7:00 PM	Fairless Hills	Non-members:	\$434
	Fairless Hills	Additional hour:	\$160

Esports Party during Open Lounge Hours: Shared Space with Community	Warminster	YMCA Members:	\$299
Two Hour Party Mon, Tue, Wed 5:00 PM-7:00 PM	Warminster	Non-members:	\$384
Saturday 11:00 AM-1:00 PM	Warminster	Additional hour:	\$160
Sunday 12:00 PM-2:00 PM; 2:30-4:30 PM			

Skatepark Party	Branch Location	Day	Start Time	End Time	Member M FLAT FEE	Non-member FLAT FEE
Skatepark Party						
Available seasonally upon request, during shared hours with community members.	Doylestown	Saturdays	3:30 PM	5:30 PM	\$308	\$385

RENTALS

After Hours Full Facility Rental	Branch Location	Day	Start Time	End Time	Member N FLAT FEE	on-member FLAT FEE
After Hours Full Facility Rentals						
Pool, gymnasium, locker rooms, studios.	Deer Path		7:00 PM	10:00 PM	\$773	\$1,004
	Doylestown	Saturdays / Sundays —	6:00 PM	9:00 PM	\$773	\$1,004
	Fairless Hills		5:00 PM	8:00 PM	\$773	\$1,004
	Quakertown		5:00 PM	8:00 PM	\$773	\$1,004
		Additior	nal hour at al	l branches:	\$258	\$258
	Indivi	dual instructors ava	ilable at an l	nourly rate:	\$30/hr	\$30/hr

Facility Space Rentals		Branch Location	Day	Available Hours	Member RENTAL FEE	Non-member RENTAL FEE
Individual Space Rentals	Teen Center / Pavilions	Doylestown	Sat / Sun	2:00 PM-9:30 PM	\$74	\$151
at hourly rates			Additional fee for	rentals after 6:00 PM:	\$103	\$103
	Outdoor Basketball Courts	Doylestown	Sat / Sun	12:00 PM-5:00 PM	\$26/hr	\$38/hr
	Gymnasium	Quakertown	Contac	t for availability	\$103/hr	\$103/hr
Auxiliary Gymnasium	Quakertown	Contact for availability		\$77/hr	\$97/hr	
	Pool / Aquatic Center - After Hours Only	Warminster	Sat / Sun	12:30 PM-2:30 PM	\$308	\$385
				Additional hour:	\$165	\$165
		Individual instructors	available for swim les	sons at an hourly rate:	\$15/hr	\$15/hr
	Studio	Warminster	Weeke	After Hours or nds 12:00 PM-2:00 PM	\$103/hr	\$180/hr
Holland Pool Rental	After Hours Only - Seasonal, Mid-June thru August		Saturdays	5:00 PM 7:00 PM	\$299	\$361
				Addit	tional hour:	\$165

Hunterdon County Seasonal Rentals		Day Available	Member Non-member Hours RENTAL FEE RENTAL FEE
Camp Carr Rental	A campground that operates April-October.	Email Andy Cogen at acogen@ymcabhc	org for availability and pricing

WELLNESS

PERSONAL TRAINING

Deer Path | Summer

Contact Nicole Martorella with questions at nmartorella@ymcabhc.org

Personal Training Club		Age			Member MONTHLY	Non-member MONTHLY
Personal Training Club:	30-min Sessions: (4) per Month / 1x per Week	12 yrs+			\$105	N/A
Join the PT Club and get one-on-one time with	30-min Sessions: (8) per Month / 2x per Week	12 yrs+			\$210	N/A
a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.	30-min Sessions: (12) per Month / 3x per Week	12 yrs+			\$315	N/A
Club prices are lower than package pricing, clients	45-min Sessions: (4) per Month / 1x per Week	12 yrs+			\$170	N/A
may carry over one unused session per month,	45-min Sessions: (8) per Month / 2x per Week	12 yrs+			\$340	N/A
and the monthly draft is automatically taken out at the beginning of each month with no additonal	45-min Sessions: (12) per Month / 3x per Week	12 yrs+			\$510	N/A
need to register each month.	60-min Sessions: (4) per Month / 1x per Week	12 yrs+			\$232	N/A
There is a three month minimum commitment	60-min Sessions: (8) per Month / 2x per Week	12 yrs+			\$464	N/A
in order to receive the discounted pricing.	60-min Sessions: (12) per Month / 3x per Week	12 yrs+			\$696	N/A
Personal Training		Age	Start Time	End Time	Member FLAT FEE	

		Age	Start Time	End Time	FLAT FEE	FLAT FEE
Personal Training Packages: One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey. First Time Client Promotion: (3) 45-minute Sessions	30-min Personal Training: (5) Sessions	12 yrs+			\$152	\$251
	30-min Personal Training: (10) Sessions	12 yrs+			\$284	\$468
	45-min Personal Training: (5) Sessions	12 yrs+			\$231	\$381
	45-min Personal Training: (10) Sessions	12 yrs+			\$441	\$728
	60-min Personal Training: (5) Sessions	12 yrs+			\$310	\$511
	60-min Personal Training: (10) Sessions	12 yrs+			\$599	\$988
	Special pricing for first time personal training clients. Three 45- minute introductory sessions. All sessions must be used within 60 days of purchase.	12 yrs+			\$125	N/A

Partner Training		Age	Start Time End Time	Member M FLAT FEE	Non-member FLAT FEE
Partner Training Packages: There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side- by-side with a Personal Trainer and stay on target!	45-min Partner Training: (5) Sessions	12 yrs+	Pricing is per person	\$142	\$234
	45-min Partner Training: (10) Sessions	12 yrs+	Pricing is per person	\$252	\$416
	60-min Partner Training: (5) Sessions	12 yrs+	Pricing is per person	\$184	\$303
	60-min Partner Training: (10) Sessions	12 yrs+	Pricing is per person	\$336	\$554

Team Training		Age		Member FLAT FEE	Non-member FLAT FEE
Team Training Packages:	3 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$84	\$139
Work with any of our motivating and experienced trainers in a TEAM setting of three to five participants. Perfect for neighbors, friends, school teams, etc.	3 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$147	\$243
	3 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$110	\$182
Teams will also be greated by V professional staff	3 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$200	\$329
Teams will also be created by Y professional staff, giving you the greatest price value in personal	4 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$74	\$121
training savings!	4 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$126	\$208
	4 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$100	\$165
	4 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$179	\$295
	5+ People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$63	\$104
	5+ People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$105	\$173
	5+ People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$89	\$147
	5+ People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$158	\$260