

YMCA of Bucks and Hunterdon Counties

SUMMER

PROGRAM GUIDE

Quakertown | Jun 17-Aug 25, 2024

Welcome to YMCA of Bucks and Hunterdon Counties' summer program quide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! Click here to learn more.

PROGRAM REGISTRATION DATES:

- Family Members: April 24 (online, phone or in-person)
- Member: April 26 (online, phone or in-person)
- Non-member: April 29 (online, phone or in-person)

NOT A MEMBER? Click here to join today.



Know before you go. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

SCAN THE QR CODE or click here to sign up for alerts!

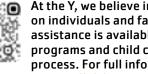
Having trouble opting in? Or already in the system but need to add new locations? Click here to email Brittney for help.

Monthly Drafts

For our regular youth and adult sports programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! Click here to learn more.



Financial Assistance

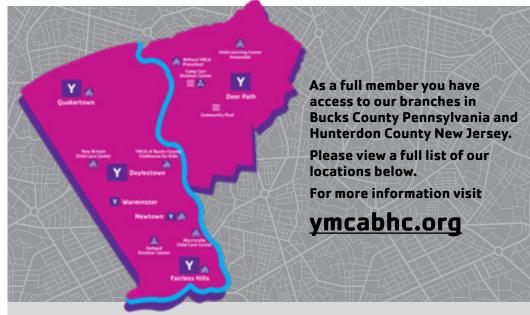


At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details click here or scan the QR code.

HOLIDAYS

In observance of holidays, the Y will be closed on 7/4 for Independence Day and 9/2 for Labor Day.







Deer Path - Hunterdon County

144 West Woodschurch Rd., Flemington, NJ 908.782.1030

Click here for hours and amenities



Doylestown - Bucks County

2500 Lower State Road, Doylestown, PA 215.348.8131

Click here for hours and amenities



Fairless Hills - Bucks County

601 S. Oxford Valley Road, Fairless Hills, PA 215.949.3400

Click here for hours and amenities



Newtown - Bucks County

190 S. Sycamore Street, Newtown, PA 215.579.6200

Click here for hours and amenities



Quakertown - Bucks County

401 Fairview Avenue, Quakertown, PA 215.536.9622

Click here for hours and amenities



Warminster - Bucks County

624 York Road, Warminster, PA 267.387.9622

Click here for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio and selectorized strength machines and free weight and functional training equipment.

GROUP EXERCISE

Group exercise classes are available virtually and in-person. Reservations are only required for aquatic group exercise classes. Click here for schedules and reservations.

FITNESS TRAINING

Training is available one-on-one, with a partner, or in a team setting of three or more participants, outdoors or indoors at any of our branch locations or virtually anywhere you are!

Book an appointment for an InBody Body Composition Scan

For questions, prices, or to book a training package <u>click here</u> or scan the QR code to the right.

Fitness Equipment Orientations

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively, review everything you need to know to set you up for success, and also give you a familiar face you can go to for help if you need it.

Click here to register

Click here to watch our fitness orientation video

Questions? Click here.

We are pleased to provide online access to group exercise classes and family and youth programs through our virtual platform, Y Wellness 24/7. This platform provides live and on-demand group exercise, sports and play programs. The platform also includes access to 75+ live classes each week and more than 10,000 Y-specific, on-demand classes in training, mindfulness, nutrition, stress management, and more.





Scan the QR code or click here to access Y Wellness 24/7





GYMNASIUM

Hunterdon County: Deer Path

Bucks County: Doylestown, Fairless Hills and Quakertown

Our gymnasiums are available for open gym, basketball and pickleball.

To view our gymnasium schedules, click here.

AQUATICS

<u>Click here for Aquatics</u>: Deer Path, Doylestown, Fairless Hills, Quakertown and Warminster In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown) and aquatic group exercise classes. Bucks aquatic exercise classes are available via a reservation system.



Y Wellness My Way – Let's Get Started, is a personalized, four week wellness program that helps to keep you accountable while connecting you with others. With the support of fitness professionals, you will learn how to set and reach your goals over a four week period. Get ready to experience results!

Returning this fall

Registration opens in March. Click here to learn more!



DOYLESTOWN SKATEPARK

Mon-Thurs 4:30-8 PM Fri 4:30-9 PM Sat/Sun 12-6 PM

Hours and availability are subject to change due to weather conditions. Please check our website for the latest information.

Click here for more information.

METRO ESPORTS GAMING LOUNGE

Doylestown Lounge Mon-Fri 4:30-9 PM Sat & Sun 2-6 PM

Mon-Thurs 3-7 PM Fri 3-8 PM Sat & Sun 2-5 PM

Warminster Lounge Mon-Fri 4:30-7 PM Sat & Sun 2-5 PM



STAY & PLAY HOURS Click here for more information.

Deer Path-Hunterdon County

Mon-Fri 8:30-11:30 AM and Mon-Thurs 4-7:30 PM; Sat 8-11 AM

Doylestown-Bucks County

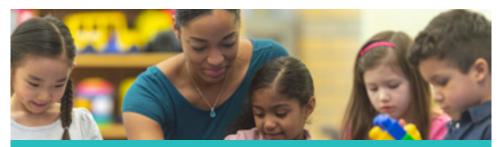
Mon-Thurs 8:30 AM-1 PM; 4-8 PM; Fri 8:30 AM-1 PM; Sat 8 AM-1 PM; Sun 9:30 AM-1 PM

Fairless Hills-Bucks County

Mon-Thurs 8:30 AM-11:30 AM; 4:30-7:30 PM; Fri 8:30 AM-11:30 AM; Sat 8:30 AM-12 PM

Ouakertown-Bucks County

Mon-Sat 8:30 AM-12:30 PM; Mon-Thurs 5-7:30 PM



Child Care and School Age Child Care
Registration Now Open!
Click here for Child Care
Click here for School Age Child Care

Don't miss out, SUMMER CAMPS are filling fast! Click here to register



Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.





This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!



Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply at ymcabhc.org/hr and in person at the Welcome Center at one of our branches!

SMARTPHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

- 1. Visit your app store.
- 2. Search for "bucks & hunterdon ymcas" using the "&"
- 3. Download to your phone
- 4. Use your personal information to create an account



Download our app for Android users





METRO ESPORTS

BRAND NEW esports facility, programming, and summer camps at Fairless Hills is now open!



SUMMER 2024

EVERY WEEK

MINECRAFT MONDAYS

Compete in fun, easy, and family friendly events on the YMCA Minecraft Server! Earn Metro Coins to spend on prizes and rewards at the Metro Shop, including gaming gear, toys, discounts and more!

Every Monday | 2:30 PM to 8:00 PM

METRO MADNESS

Drop in anytime to complete challenges in a variety of games including Fortnite and Overwatch every Wednesday. Compete with friends across any game to climb the leaderboard!

Every Wednesday | 3:00 PM to 6:00 PM

FRIDAY NIGHT TOURNAMENTS

Compete in an esports tournament every Friday in games like Fortnite, Smash Ultimate, NBA 2K, Madden, and Overwatch. No skill level or age gap restrictions. Join as a team or make friends along the way. Compete for prizes like gaming peripherals, gift cards, merch, and more!

Every Friday | 4:00 PM to 6:00 PM

ROBLOX RUMBLE

Exclusively at Warminster, participate in weekly Roblox challenges for a chance to win Robux, Pokemon Cards, and Metro Coins! Challenges include speedrunning, obstacle courses, battle royales, and team based games.

Every Saturday | 2:00 PM to 5:00 PM

DOYLESTOWN

MON - FRI: 4:30 PM to 9:00 PM SAT - SUN: 2:00 PM to 6:00 PM

ROBLOX TECH ADVENTURES

A six-week program teaching coding and graphic design through the popular game, Roblox. Each week, students not only play their favorite game but also learn collaborative skills, make friends, and build important STEM foundations!

Every Saturday | 11:30 AM to 1:00 PM Last Session April 20

TECH DAY-OFF SCHOOL CAMP: BUILD-A-PC

Learn about the parts of a computer and how to assemble them, then play your favorite games on your PC! A perfect introduction to STEM concepts for anyone in grades 2 to 7.

Thursday, April 23 | 8:00 AM to 5:00 PM

ZEROSECOND SHOWDOWN

A return of Metro's electrifying Rocket League tournament! Unforgettable competitive experience as top competitors regionally compete in an intense, fast-paced showdown for a chunk of the massive prize pool.

Saturday, May 18 | Follow Metro on Socials for Updates!

FORTNITE BOX FIGHT NIGHT

A thrilling evening of intense box-to-box combat! Showcase your Fortnite skills in a series of fast-paced battles.

Saturday, August 10 | 3:00 PM

MARIO MOVIE NIGHT

Watch the NEW Super Mario Movie and join the Mario-themed game night; fun for all ages!

Saturday, August 17 | 4:00 PM

WARMINSTER

MON - THU: 4:30 PM to 8:00 PM FRI: 4:30 PM to 7:00 PM SAT - SUN: 2:00 PM to 5:00 PM

TECH DAY-OFF SCHOOL CAMP: GAME DEVELOPMENT

Game design for kids in grades 1 to 7. Learn how to use Unreal Engine, the game engine behind Fortnite, as well as other skills useful in any STEM career! An opportunity to spark the scientist in any primary school student.

Friday, May 24 | 8:00 AM to 5:00 PM

RETRO GAMING NIGHT

A nostalgic journey through classic gaming; play a vast selection of retro consoles and games, or bring your own! An evening of casual play, making new friends, and reminiscing about the good old times.

Friday, May 31 | 6:00 PM

FAIRLESS HILLS

MON - THU: 4:30 PM to 9:00 PM FRI: 4:30 PM to 8:00 PM SAT - SUN: 2:00 PM to 5:00 PM

ESPORTS DAY-OFF SCHOOL CAMP: FORTNITE BOOTCAMP

The ultimate experience to sharpen your Fortnite skills. An immersive camp designed for player of any skill level; engage in exciting challenges to enhance your tactics and gameplay!

Tuesday, April 23 | 8:00 AM to 5:00 PM

BLOCK BASH - MINECRAFT EVENT

Take part in creative Minecraft challenges and show off your building skills! Open to any skill level and age.

Friday, August 2 | 4:30 PM

PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

SUMMER CAMPS

2024 summer camps are live an open for registration, including our brand new Fairless Hills summer camp! Spend summer '24 making new friends and playing amazing games.

Visit metroesports.gg to register

METRO COIN

Metro Coins are stacking up and new prizing cycles frequently! Be sure to participate in events, challenges, and game to earn your coins and redeem them for amazing prizes.

AQUATICS

Quakertown | Summer

PRIVATE SWIM LESSONS

Contact Becky Musselman with questions at bmusselman@ymcabhc.org or 215.536.8841, x3126

Private Swim Lessons		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Private Swim Lessons:	(4) 30-minute lessons	3 yrs+	Pool				\$124	\$195
1:1 Ratio Student / Instructor	(8) 30-minute lessons	3 yrs+	Pool				\$243	\$386
Semi-Private Swim Lessons:	(4) 30-minute lessons	3 yrs+	Pool				\$92	\$129
2:1 Ratio Student / Instructor	(8) 30-minute lessons	3 yrs+	Pool				\$181	\$253
Competitive Swim Lessons	Private & Semi-Private Packages listed above	6 yrs+	Pool				Prices li	sted above

GROUP SWIM LESSONS

Contact Becky Musselman with questions at bmusselman@ymcabhc.org or 215.536.8841, x3126

Please select your child's level based on their age and ability. Not sure which lesson your child should sign up for?

View our Swim Lesson selector here

Parent & Child Swim Lessons	Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
A / Water Discovery:	6-36 mos	Pool	Wed	6:00 PM	6:40 PM	\$62	\$102
ntroduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while earning about the water with a parent/caretaker whom they trust. Parents practice the important survival kill of teaching their child to roll from front to back and float.	6-36 mos	Pool	Sat	9:00 AM	9:40 AM	\$62	\$102
	6-36 mos	Pool	Sat	10:00 AM	10:40 AM	\$62	\$102
B / Water Exploration:	19-36 mos	Pool	Wed	6:30 PM	7:10 PM	\$62	\$102
Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and	19-36 mos	Pool	Sat	9:30 AM	10:10 AM	\$62	\$102
drills which reinforce physical learning and encourage positive interaction.	19-36 mos	Pool	Sat	10:30 AM	11:10 AM	\$62	\$102
Combined A / Water Discovery & B / Water Exploration: Combination of Stage A and B skills tailored for group participants.	6-36 mos	Pool	Tue	10:20 AM	11:00 AM	\$62	\$102

Preschool Swim Lessons	Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
1 / Water Acclimation:	3-5 yrs	Pool	Tue	9:00 AM	9:40 AM	\$62	\$102
	3-5 yrs	Pool	Tue	5:00 PM	5:40 PM	\$62	\$102
	3-5 yrs	Pool	Tue	5:40 PM	6:20 PM	\$62	\$102
	3-5 yrs	Pool	Tue	6:20 PM	7:00 PM	\$62	\$102
	3-5 yrs	Pool	Wed	5:00 PM	5:40 PM	\$62	\$102
	3-5 yrs	Pool	Thu	9:40 AM	10:20 AM	\$62	\$102
	3-5 yrs	Pool	Thu	6:20 PM	7:00 PM	\$62	\$102
	3-5 yrs	Pool	Sat	9:00 AM	9:40 AM	\$62	\$102

1 / Water Acclimation	3-5 yrs	Pool	Sat	11:00 AM	11:40 AM	\$62	\$102
	3-5 yrs	Pool	Sat	12:20 PM	1:00 PM	\$62	\$102
2 / Water Movement:		Pool	Tue	9:40 AM	10:20 AM	\$62	\$102
Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and	3-5 yrs	Pool	Tue	5:40 PM	6:20 PM	\$62	\$102
safely exiting the water should they fall in.	3-5 yrs	Pool	Wed	5:00 PM	2:20 PM 1:00 PM \$62 2:40 AM 10:20 AM \$62 5:40 PM 6:20 PM \$62 5:00 PM 5:40 PM \$62 5:00 PM 5:40 PM \$62 5:00 PM 5:40 PM \$62 5:00 PM 5:40 PM \$62 6:40 AM 10:20 AM \$62 1:40 AM 12:20 PM \$62 5:40 PM 6:20 PM \$62 6:20 PM 7:00 PM \$62 6:40 AM 10:20 AM \$62 6:40 AM 10:20 AM \$62 6:40 AM 10:20 AM \$62	\$102	
	3-5 yrs	Pool	Thu	9:00 AM	9:40 AM	\$62	\$102
	3-5 yrs	Pool	Thu	5:00 PM	5:40 PM	\$62	\$102
	3-5 yrs	Pool	Sat	9:40 AM	10:20 AM	\$62	\$102
	3-5 yrs	Pool	Sat	11:40 AM	12:20 PM	\$62	\$102
3 / Water Stamina:	3-5 yrs	Pool	Tue	5:40 PM	6:20 PM	\$62	\$102
Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg	3-5 yrs	Pool	Wed	6:20 PM	7:00 PM	\$62	\$102
movements are taught.	3-5 yrs	Pool	Sat	9:40 AM	10:20 AM	\$62	\$102
4 / Stroke Introduction:	3-5 yrs	Pool	Tue	5:40 PM	6:20 PM	\$62	\$102
Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.	3-5 yrs	Pool	Sat	11:00 AM	11:40 AM	\$62	\$102

School Age Swim Lessons	Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Please select your child's level based on their age and ability. Not sure which lesson your child sho	uld sign up fo	r?	View our	Swim Lesson	selector her	<u>·e</u>	
1 / Water Acclimation:	6-12 yrs	Pool	Tue	7:00 PM	7:40 PM	\$62	\$102
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	6-12 yrs	Pool	Wed	5:40 PM	6:20 PM	\$62	\$102
	6-12 yrs	Pool	Thu	10:20 AM	11:00 AM	\$62	\$102
	6-12 yrs	Pool	Thu	7:00 PM	7:40 PM	\$62	\$102
	6-12 yrs	Pool	Sat	10:20 AM	11:00 AM	\$62	\$102
2. / Water Movement: itudents focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and	6-12 yrs	Pool	Tue	5:00 PM	5:40 PM	\$62	\$102
	6-12 yrs	Pool	Wed	5:40 PM	6:20 PM	\$62	\$102
safely exiting the water should they fall in.	6-12 yrs	Pool	Thu	5:00 PM	5:40 PM	\$62 \$62 \$62 \$62 \$62 \$62	\$102
	6-12 yrs	Pool	Sat	10:20 AM	11:00 AM	\$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62	\$102
3 / Water Stamina:	6-12 yrs	Pool	Tue	6:20 PM	7:00 PM	\$62	\$102
Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg	6-12 yrs	Pool	Wed	6:20 PM	7:00 PM	\$62	\$102
movements are taught.	6-12 yrs	Pool	Sat	9:00 AM	9:40 AM	PM \$62 PM \$62 PM \$62 AM \$62 PM \$62 AM \$62 PM \$62	\$102
4 / Stroke Introduction:	6-12 yrs	Pool	Tue	6:20 PM	7:00 PM	\$62	\$102
Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.	6-12 yrs	Pool	Thu	5:40 PM	6:20 PM	\$62	\$102
	6-12 yrs	Pool	Sat	9:40 AM	10:20 AM	\$62	\$102

Can't find your desired swim lesson time? For a list of all available swim lessons offered near you: <u>View our branch Program Guides</u>

5 / Stroke Development:	6-12 yrs	Pool	Tue	6:20 PM	7:00 PM	\$62	\$102
Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading,	6-12 yrs	Pool	Thu	7:00 PM	7:40 PM	\$62	\$102
water and sidestroke.	6-12 yrs	Pool	Sat	11:40 AM	12:20 PM	\$62	\$102
6 / Stroke Mechanics:	6-12 yrs	Pool	Tue	7:00 PM	7:40 PM	\$62	\$102
Students learn butterfly while continuing to develop technique and endurance while refining breastroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about	6-12 yrs	Pool	Thu	7:00 PM	7:40 PM	\$62	\$102
competitive swimming.	6-12 yrs	Pool	Sat	11:40 AM	12:20 PM	\$62	\$102

Adult & Teen Lessons		Age	Location	Day	Start Time	End Time	Member I MONTHLY	Non-member MONTHLY
Teen & Adult	Students learn personal water safety and achieve basic swimr	ming competency by	learning bencl	nmark skills.				
Swim Lessons	Teen: 1-3 / Swim Basics	12-17 yrs	Pool	Tue	7:00 PM	7:40 PM	\$62	\$102
	Adult: 1-3 / Swim Basics	18 yrs+	Pool	Mon	7:00 PM	7:40 PM	\$62	\$102
	Adult: 1-3 / Swim Basics	18 yrs+	Pool	Wed	7:00 PM	7:40 PM	\$62	\$102
	Adult/Teen: 4-5 / Stroke Development	15 yrs+	Pool	Tue	7:40 PM	8:20 PM	\$62	\$102

QUAKERTOWN SWIM TEAM

Contact Sarah Siegel with questions at Ssiegel@ymcabhc.org 215.536.8841 x3125

Barracudas Swim Team - Competitive Team						Member I	Non-member
barracuuas Swiin Team - Competitive Team	Age	Location	Day	Start Time	End Time	MONTHLY	MONTHLY

Tryout Dates for the 2024-2025 Season are July 23, 24, & 25 from 5:00-6:00 PM and Aug 5 5:00-6:00 PM

Our Swim Team is a YMCA and USA Swimming sanctioned team with a mission to develop good swimmers and great kids. Our swimmers achieve success at all levels of competition. We provide the foundation for our athletes to excel based on their talent, skills and level of commitment. \$100 registration fee includes team cap, shirt, banquet and Y-USA registration. Swimmers also have the option to swim at the USA Swimming level in the Mid-Atlantic Division with meets held regionally.

Competitive Team	Age Group 1	6-12 yrs	Pool		\$134	N/A
	Age Group 2	10-14 yrs	Pool	Days & times vary	\$141	N/A
Pre-Senior	Pre-Senior	12-15 yrs	Pool	based on age group	\$152	N/A
	Senior / High School Swimmer	14-21 vrs	Pool		\$158	N/A

Suring Academy, Club Toom						Member 1	Non-member
Swim Academy - Club Team	Age	Location	Day	Start Time	End Time	MONTHLY	MONTHLY

Do you like to swim? Do you want to practice, get in great shape, make new friends and hone your swimming skills, but aren't sure that you want to swim in competitions? If you are thinking about joining the Competitive team, or if you just love swimming and making friends, then our Swim Academy: Intramural is the perfect place for you! Coaches will train swimmers to have more endurance and be more efficient with the four key swim strokes, starts and turns. \$100 registration fee includes team cap, shirt and Y-USA registration.

Swim Academy: Intramural	5-7 yrs	Pool	Days & times vary	\$115	N/A
	8-12 yrs	Pool	based on age group	\$109	N/A

COMMUNITY AQUATIC PROGRAMS

Contact Becky Musselman with questions at bmusselman@ymcabhc.org or 215.536.8841, x3126

Community Programs		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Water Safety Classes	DHS Child Care water safety certifications. Please contact Becky for more information.		Community Ed Room				\$11	\$15
Scout Merit Badge	Boy scout merit badge counslor for:swimming, life saving and first aid availble. Please contact Becky for more information.		Pool				\$22	\$28
Scout Swim Testing	Please contact Becky for more information.		Pool				\$8	\$8

AMERICAN RED CROSS CLASSES

Contact Becky Musselman with questions at bmusselman@ymcabhc.org or 215.536.8841, x3126

Please visit website for full details on all American Red Cross Classes.

ARC Adult and Pediatric First Aid/CPR/AED (Blended Full Course)	Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Located in the Child Care Center Sunday, June 30	12 yrs+	CE Room	Sun	2:00 PM	4:00 PM	\$115	\$140
Lifeguard Training (Blended Full Course)	Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE

15 yrs+

15 yrs+

CE Room

CE Room

Lifeguard Training (Blended Full Course)

All classes are Friday-Sunday unless otherwise noted

Fri 5:00-9:00 PM, Sat 9:00 AM-6:30 PM

Located in the Child Care Center

Friday, May 10, Saturday May 11, and Friday May 17 (time format differs)

Friday, May 3- Sunday May 5

 See times listed above
 \$325
 \$375

 Fri 5:00-10:15 PM
 \$325
 \$375

Sun 12:00-6:30 PM

Sat 9:00 AM-6:30 PM

Fri 5:00-10:15 PM

Member Non-member **Lifeguard Training Recertification FLAT FEE** Age Location Day **Start Time End Time** FLAT FEE Located in the Child Care Center Saturday May 18 15 yrs+ CE Room Sat 9:00 AM 6:00 PM \$135 \$165 Sunday May 19 15 yrs+ CE Room Sat 9:00 AM 6:00 PM \$135 \$165 Wednesday May 22, Thursday May 23 (must attend both dates) 15 yrs+ CE Room \$135 5:00 PM 9:30 PM \$165

SPORTS & ARTS

Quakertown | Summer

YOUTH SPORTS

Contact Kyle Creighton with questions at kcreighton@ymcabhc.org or 215.536.8841, x3114

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Summer Youth Leagues		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-membe FLAT FEE
Summer Basketball	Fun and instructive beginner basketball league. Class time is	split betweer	n instruction/practice	and scrimi	maging.			
(8 weeks)	June 18 to August 6	7-9 yrs	Gymnasium	Tues	6:30 PM	7:30 PM	\$80	\$132
	June 20 to August 15 *No class July 4th*	10-12 yrs	Gymnasium	Thu	6:30 PM	7:30 PM	\$80	\$132
Fall Youth Leagues (Begin	nning September 2024)	Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member
Fall Season runs 8 weeks from :	September 7-October 26. Registration deadline September 1.							
NHL Street Hockey	Teams meet for one hour on Saturdays. Time is split between skill	6-8 yrs	Gymnasium	Sat	10:15 AM	11:15 AM	\$105	\$173
	building and gameplay. All participants receive a NHL Team reversible jersey.	9-12 yrs	Gymnasium	Sat	11:30 AM	12:30 PM	\$105	\$173
MLS Go Soccer	Teams meet for one hour on Saturdays. Time is split between skill	4-5 yrs	Quakertown	Sat	10:15 AM	11:15 AM	\$110	\$181
	building and gameplay. All players will receive a reversible jersey, shorts and socks.	6-8 yrs	···· YMCA Field ···· (onsite)	Sat	11:30 AM	12:30 PM	\$110	\$181
Preseason Basketball	Fun and instructive beginner basketball league. Class time is	split betweer	n instruction/practice	and scrim	maging.			
	September 10 to October 29	7-9 yrs	Gymnasium	Tue	6:30 PM	7:30 PM	\$80	\$132
	September 12 to November 7 *No class October 31st*	10-12 yrs	Gymnasium	Thu	6:30 PM	7:30 PM	\$80	\$132
Sports Classes		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member
Sports Frenzy	Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork,	5-7 yrs	Gymnasium	Mon	5:30 PM	6:10 PM	\$41	\$67
	sportsmanship, and fun. Sports include basketball, soccer, floor hockey, football, dodgeball and more!	3-4 yrs	Gymnasium	Wed	5:30 PM	6:10 PM	\$41	\$67
Basketball	Skill development program focusing on fundamental skills. Each class has a 10 minute practice and 20 minute game.	5-7 yrs	Gymnasium	Thu	5:30 PM	6:10 PM	\$41	\$67
Soccer	Introductory soccer class that teaches fundamentals. Each class has a 20 minute practice and 20 minute game.	5-7 yrs	Gymnasium	Tues	5:30 PM	6:10 PM	\$41	\$67
Adult		Age	Location	Day	Start Time	End Time	Member Flat Fee	Non-Member
Adult Volleyball	Group plays on Tuesdays from 7:30-9:00 PM. Pick-up format with players divided into teams when they arrive.	18 yrs+	Main Gymnasium	Tues	7:30 PM	9:00 PM	\$0	n/a
Adult Basketball: Over 30	Group plays on Saturdays from 7:00-9:00 AM. Pick-up format with players divided into teams when they arrive.	30 yrs+	Main Gymnasium	Sat	7:00 AM	9:00 AM	\$0	n/a

Martial Arts		Age	Location	Day	Start Time	End Time	Member I MONTHLY	Non-member MONTHLY
Dragon Warriorz	Basic Shotokan Karate techniques mixed with interactive games and exercises to develop self-esteem and confidence. Learn respect, humility, focus and discipline. Sneakers required.	5-8 yrs	Main Gym	Wed	6:15 PM	6:45 PM	\$54	\$89
Youth & Adult Karate	JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the and enjoy the benefits of increased flexibility, balance, strength a							
Beginner	Belts: White and Candidate Yellow	8 yrs+	Auxiliary Gym	Wed	6:50 PM	7:50 PM	\$115	\$189
Intermediate	Belts: Intermediate Yellow through Candidate Green	8 yrs+	Auxiliary Gym	Wed	6:50 PM	7:50 PM	\$115	\$189
Advanced	Belts: Green through Black	8 yrs+	Auxiliary Gym	Wed	6:50 PM	7:50 PM	\$115	\$189

SPORTS & ARTS

Quakertown | Summer

GYMNASTICS LESSONS

Contact Jolene Head with questions at jhead@ymcabhc.org

Gymnastics Classes		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Baby Ninja: Parent/Tot Class	Baby Ninja allows your child to play, have fun, bond with their Ninja grown-up, and learn body awareness. Socialize your child, allow them to learn and understand what it means to follow instruction, and of course, get them moving. Class skills include fundamental movement, coordination, fine and gross motor skill development. For stable walkers through age 3.	12-36 mos	Gymnastics Center	Wed	12:00 PM	12:30 PM	\$35	\$58
Kindergym	Instructional preschool gymnastics classes. Children will use all	3-5 yrs		Tue	10:30 AM	11:30 AM	\$68	\$113
	pieces of apparatus; vault, bars, beam, floor and tumble trak. Evaluations will occur every other month to monitor progress. This	3-5 yrs		Tue	4:45 PM	5:45 PM	\$68	\$113
	is a child independent class and parents observe from the hallway.	3-5 yrs	Gymnastics Center	Thu	12:00 PM	1:00 PM	\$68	\$113
	Children should be potty-trained to participate in this program.	3-5 yrs	Center	Thu	4:45 PM	5:45 PM	\$68	\$113
		3-5 yrs		Fri	12:00 PM	1:00 PM	\$68	\$113
Progressive Gymnastics		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Gymnastics: Level 1	For the beginner gymnast with no formal gymnastics training and	5-14 yrs		Mon	12:00 PM	1:00 PM	\$68	\$113
	for those gymnasts who have not tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars,	5-14 yrs		Mon	4:45 PM	5:45 PM	\$68	\$113
	beam, floor, and tumble trak.) Evaluations will occur every other	5-14 yrs		Tue	12:00 PM	1:00 PM	\$68	\$113
	month to monitor progress.	5-14 yrs	Gymnastics Center	Tue	4:45 PM	5:45 PM	\$68	\$113
		5-14 yrs		Wed	5:00 PM	6:00 PM	\$68	\$113
		5-14 yrs		Thu	10:30 AM	11:30 AM	\$68	\$113
		5-14 yrs		Thu	4:45 PM	5:45 PM	\$68	\$113
Gymnastics: Level 2	For the gymnast who has completed and/or tested out of the Level	5-14 yrs		Mon	12:00 PM	1:00 PM	\$68	\$113
	1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every	5-14 yrs		Mon	4:45 PM	5:45 PM	\$68	\$113
	other month to monitor progress.	5-14 yrs		Tue	12:00 PM	1:00 PM	\$68	\$113
		5-14 yrs	"" Gymnastics " Center	Tue	4:45 PM	5:45 PM	\$68	\$113
		5-14 yrs		Wed	5:00 PM	6:00 PM	\$68	\$113
		5-14 yrs		Thu	10:30 AM	11:30 AM	\$68	\$113
		5-14 yrs		Thu	4:45 PM	5:45 PM	\$68	\$113
Gymnastics: Level 3	For the gymnast who has completed and/or tested out of the Level	5-14 yrs		Mon	4:45 PM	5:45 PM	\$68	\$113
	2 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every	5-14 yrs	Gymnastics	Tue	12:00 PM	1:00 PM	\$68	\$113
	other month to monitor progress.	5-14 yrs	Center	Wed	5:00 PM	6:00 PM	\$68	\$113
		5-14 yrs	•	Thurs	10:30 AM	11:30 AM	\$68	\$113

Gymnastics: Level 4	For the gymnast who has completed and/or tested out of the Level 3 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to monitor progress.	,	Gymnastics Center	Mon Tue Wed	4:45 PM 12:00 PM 5:00 PM	5:45 PM 1:00 PM 6:00 PM	\$68 \$68 \$68	\$113 \$113 \$113
Level 1 & 2 Boys	Boys only beginner gymnastics: Boys focus on skills on floor, bar, tumble track, and vault, as well as some basic balance work.	5-10 yrs	Gymnastics	Mon	4:45 PM	5:45 PM	\$68	\$113

Contact Janine Brown with questions at

							Member	Non-member
Gymnastics Team Practi	ce	Age	Location	Day	Start Time	End Time	MONTHLY	MONTHLY
Team Program: Invitation Only	Level 3 and Xcel Silver: (4) hours per week practice schedule	6-18 yrs		Mon & Wed	5:30 PM 6:00 PM	7:30 PM 8:00 PM	\$141	n/a
	Level 4,6,7,8, Xcel Gold, and Xcel Platinum: (6) hours per week practice schedule	6-18 yrs	Gymnastics Center	Tue & Thu	5:30 PM	8:30 PM	\$171	n/a
	Level 6,7,8, Xcel Gold and Platinum: (9) hours per week practice schedule	6-18 yrs		Mon, Tue & Thu	7:00 PM 5:30 PM	:00 PM 9:00 PM	\$205	n/a
Pre Team: Invitation Only	For children who are looking to be part of our competitive program	6-15 yrs		Mon	5:30 PM	7:30 PM	\$115	\$189
	in the future. Must be recommended by the director or the child's current gymnastics coach. Contact the gymnastics director for additional information jmbrown@ymcabhc.org	6-15 yrs	Gymnastics Center	Fri	4:45 PM	6:45 PM	\$115	\$189
Team Conditioning Class	Focus on conditioning skills and an extra opportunity to work bar skills. All participants must currently be on gymnastics team and	6-18 yrs	Gymnastics	Wed	8:00 PM	8:30 PM	\$19	n/a
	enrolled in the monthly team program. This program follows the team schedule of holiday cancellations and team break weeks.	6-18 yrs	Center					
Gymnastics Team Lesso	ns	Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member
Team Program:	(1) Private Lesson	6-18 yrs		,			\$39	n/a
Invitation Only	(5) Private Lessons	6-18 yrs	 Gymnastics				\$168	n/a
	(10) Private Lessons	6-18 yrs	Center				\$311	n/a
	Routine Clinic	6-18 yrs					\$18	n/a

COMMUNITY & FAMILY

Quakertown | Summer

FAMILY & TEEN

Contact Carlie Bearn with questions at cbearn@ymcabhc.org or 215.536.8841, x3112

Family Events		Age	Location	Day	Start Time	End Time	Member N FLAT FEE	Non-member FLAT FEE
Join us for our Free Family Fun Frida One member of the family needs to	ay nights for our members. Each Friday one of our branches wi register.	ll host a free	family activity	for member	ship only.			
Family Dodgeball Night	Join us for a night of fun with Family Dodgeball!	All Ages	Main Gym	Fri 5/17	5:00 PM	6:00 PM	\$0	n/a

PARENT'S NIGHT OUT

Contact Tiffany Drews with questions at tdrews@ymcabhc.org or 215.536.8841

Quakertown Parent's Night Out (PNO)						Member	Non-member
Quakertown Parent's Night Out (PNO)	Age	Location	Day	Start Time	End Time	FLAT FEE	FLAT FEE

Mark your calendar, PNO is held monthly on the second and fourth Friday of each month with a different theme!

Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. (Member rate available to children with a youth or family membership)

(1) child					\$29	\$49
(2) children (requires phone or in person registration)					\$41	\$68
(3) children (requires phone or in person registration)					\$48	\$80
Friday, May 10	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing liste	ed above
Friday, May 24	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing liste	ed above

Parent's Night Out

Friday, May 10	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, May 24	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, June 7	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, June 21st	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, July 12th	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, July 26th	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, August 9th	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above
Friday, August 23rd	3-12 yrs	Fri	5:30 PM	9:00 PM	Pricing listed above

STAY & PLAY

Contact Tiffany Drews with questions at tdrews@ymcabhc.org or 215.536.8841

Member Use - Open Hours

While you workout or utilize the facility, your children age 3 months through 6th grade can play and have fun in Stay & Play. Stay & Play is FREE to members (with adult and family memberships.) Visit the Stay & Play page on www.ymcabhc.org for detailed information.

Mon-Sat 8:30 AM-12:30 PM Mon-Thu 5:00-7:30 PM

COMMUNITY & FAMILY

Quakertown | Summer

ABILITY PROGRAMS

Contact Becky Musselman with questions at bmusselman@ymcabhc.org or 215.536.8841, x3126

Adapted Aquatics Private	Lessons	Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-membe FLAT FEI
Private Swim Lessons	(4) 30-minute Lessons	5 yrs+					\$124	\$195
	(8) 30-minute Lessons	5 yrs+					\$243	\$386
Semi-private Swim Lessons	(4) 30-minute Lessons	5 yrs+		Price is per	participant		\$92	\$129
	(8) 30-minute Lessons	5 yrs+		Price is per	participant		\$181	\$253
Adapted Aquatics Group	Lessons	Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member
Adapted Group	1 / Water Acclimation	3 yrs+	Pool	Tue	5:00 PM	5:40 PM	\$62	\$102
Swim Lessons:	1 / Water Acclimation	3 yrs+	Pool	Sat	12:20 PM	12:50 PM	\$62	\$102
See website for description	2-3 / Water Movement & Stamina	6 yrs+	Pool	Sat	10:20 AM	11:00 AM	\$62	\$102
	4-5 / Stroke Intro & Development	6 yrs+	Pool	Sat	11:00 AM	11:40 AM	\$62	\$102
	6 / Stroke Mechanics	8 yrs+	Pool	Thu	6:20 PM	7:00 PM	\$62	\$102
Mainstream Group Classe	es - With Adapted Support	Age	Location	Day	Start Time	End Time	Member MONTHLY	
•	s, the below youth programs can become an ability program through o			•			MONTHLY	MONTHLY
In addition to ability-specific program	s, the below youth programs can become an ability program through on the assistance of an ability instructor. Coaches will train swimmers to have more endurance and be more	ur Inclusive P		lel. Children	can join their p	eers of all abili	MONTHLY	Non-member MONTHLY ety of N/A
In addition to ability-specific program mainstreamed youth programs with t	s, the below youth programs can become an ability program through on the assistance of an ability instructor.	ur Inclusive P	rogramming Moc	lel. Children		eers of all abili	MONTHLY ties in a varie	MONTHLY ety of N/A
In addition to ability-specific program mainstreamed youth programs with t	s, the below youth programs can become an ability program through on the assistance of an ability instructor. Coaches will train swimmers to have more endurance and be more efficient with the four key swim strokes, starts and turns. \$100	ur Inclusive P	rogramming Moc	lel. Children	can join their p	eers of all abili	MONTHLY ties in a varie \$115	MONTHLY ety of
In addition to ability-specific program mainstreamed youth programs with t Swim Academy: Intramural	s, the below youth programs can become an ability program through on the assistance of an ability instructor. Coaches will train swimmers to have more endurance and be more efficient with the four key swim strokes, starts and turns. \$100 registration fee includes team cap, shirt and Y-USA registration. Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork, sportsmanship, and fun. Sports include basketball, soccer, floor	ur Inclusive P 5-7 yrs 8-12 yrs	Pool	lel. Children Da bas	can join their p nys & times van sed on age gro	eers of all abili ry	MONTHLY ties in a varie \$115 \$115	MONTHLY ety of N/A N/A
In addition to ability-specific program mainstreamed youth programs with t Swim Academy: Intramural Sports Frenzy	s, the below youth programs can become an ability program through on the assistance of an ability instructor. Coaches will train swimmers to have more endurance and be more efficient with the four key swim strokes, starts and turns. \$100 registration fee includes team cap, shirt and Y-USA registration. Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork, sportsmanship, and fun. Sports include basketball, soccer, floor hockey, football, dodgeball and more! Introductory soccer class that teaches fundamentals. Each class	5-7 yrs 8-12 yrs 5-10 yrs	Pool Pool Gymnasium	lel. Children <i>Da ba</i> Mon	can join their p nys & times van sed on age gro 5:30 PM	eers of all abili ry uup 6:10 PM	MONTHLY ties in a varie \$115 \$115 \$41	MONTHLY Pty of N/A \$67

Youth & Adult Karate: Beginner Belts - White & Candidate Yellow	JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the traditional art of self defense, and enjoy the benefits of increased flexibility, balance, strength and character development. (2) Classes per week	8 yrs+	Aux Gym	Wed	6:50 PM	7:50 PM	\$115	\$189
Mixed Arts	Students will explore mixing a variety of mediums as they paint, draw, and sculpt works of art with materials like watercolors, cardboard, newspaper, acrylic paint, markers, and pastels.	9-14 yrs	Mixed Arts Studio	Tue	6:15 PM	7:00 PM	\$54	\$88
Ability Teen Night		Age	Location	Day	Start Time	End Time	Member I	Non-member FLAT FEE
Ability Teen Night	A night for teens to come together for dancing, food and activities The night ends with a dance party	. Teens will enj	joy pizza with fri	ends, then p	articipate in the	night's activity	·.	
	Friday, May 10	13-21 yrs	Rec Center	Fri	6:30 PM	8:30 PM	\$15	\$25
	Friday, June 7	13-21 yrs	Rec Center	Fri	6:30 PM	8:30 PM	\$15	\$25
	Friday, July 12	13-21 yrs	Rec Center	Fri	6:30 PM	8:30 PM	\$15	\$25
	Friday, August 9	13-21 yrs	Rec Center	Fri	6:30 PM	8:30 PM	\$15	\$25
Explorers		Age	Location	Day	Start Time	End Time	Member I	Non-member FLAT FEE
Explorers	An afternoon program for children with developmental disabilities Activities include basketball, dancing, crafts and much more.			,				
	Sunday, May 19	5-12 yrs		Sun	1:00 PM	3:00 PM	\$15	\$25
	Sunday, June 9	5-12 yrs	Child Care	Sun	1:00 PM	3:00 PM	\$15	\$25
	Sunday, July 14	5-12 yrs	Center	Sun	1:00 PM	3:00 PM	\$15	\$25
	Sunday, August 11	5-12 yrs		Sun	1:00 PM	3:00 PM	\$15	\$25

COMMUNITY & FAMILY

All Branches | Summer

For questions or inquiries on availability, contact:

Camp Carr - Andy Cogen, acogen@ymcabhc.org

Quakertown - Becky Musselman, bmusselman@ymcabhc.org

Doylestown, Fairless Hills, Holland, Deer Path & Warminster - Valerie Tanner, vtanner@ymcabhc.org & Hannah Keller, Hkeller@ymcbhc.org

PARTIES

After Hours Splash 'N Bash	Branch Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
After Hours Splash 'N Bash Party						
This party is EXCLUSIVE and held after-hours on Saturdays. Great option for boy scouts/girl	Deer Path	Saturdays	5:00 PM	7:00 PM	\$386	\$483
scouts, school celebrations, church groups and more! Please see pool policies for important safety information. 25 quests maximum. 15 min swim testing, 1 hr pool celebration, 15 min	Doylestown	Saturdays	6:00 PM	8:00 PM	\$386	\$483
changing time and 30 min party room. 3-4 lifeguards. Ages 4 yrs+.	Fairless Hills	Saturdays	5:00 PM	7:00 PM	\$386	\$483
*Warminster Branch party time may be adjusted if the facility is closing later.	Quakertown	Saturdays	5:00 PM	7:00 PM	\$386	\$483
warminster branch party time may be adjusted if the facility is closing later.	Warminster	Saturdays	2:30 PM	4:30 PM	\$308	\$385
		Addition	nal hour at all	branches:	\$165	\$165

Esports Parties	Branch Location		Party Fe
Love gaming? Celebrate your birthday at our new gaming lounge! Guests enjoy all loung	e amenities and party space for food and cake	e. Ages 7 yrs+	
Esports Party during Open Lounge Hours: Shared Space with Community	Doylestown	YMCA Members:	\$36
Two Hour Party Monday-Friday 4:30 PM-6:30 PM	Doylestown	Non-members:	\$45
	Doylestown	Additional hour:	\$160
sports After Hours Party: aturdays 6:00 PM-8:00 PM	Doylestown	YMCA Members:	\$499
	Doylestown	Non-members:	\$595
	Doylestown	Additional hour:	\$160
Esports Party during Open Lounge Hours: Shared Space with Community	Fairless Hills	YMCA Members:	\$289
Two Hour Party Saturday 12:00-2:00 PM	Fairless Hills	Non-members:	\$384
Sunday 10:00 AM-2:00 PM (any two hour window in this range)	Fairless Hills	Additional hour:	\$160
Esports After Hours Party:	Fairless Hills	YMCA Members:	\$339
Saturdays 5:00 PM-7:00 PM	Fairless Hills	Non-members:	\$434
	Fairless Hills	Additional hour:	\$160

Esports Party during Open Lounge Hours: Shared Space with Community

Two Hour Party
Mon, Tue, Wed 5:00 PM-7:00 PM
Saturday 11:00 AM-1:00 PM
Sunday 12:00 PM-2:00 PM; 2:30-4:30 PM

Warminster	YMCA Members:	\$299
Warminster	Non-members:	\$384
Warminster	Additional hour:	\$160

Skatepark Party	Branch Location	Day	Start Time	End Time	Member I FLAT FEE	Non-member FLAT FEE
Skatepark Party						
Available seasonally upon request, during shared hours with community members.	Doylestown	Saturdays	3:30 PM	5:30 PM	\$308	\$385

RENTALS

After Hours Full Facility Rental	Branch Location	Day	Start Time	End Time	Member N FLAT FEE	lon-member FLAT FEE
After Hours Full Facility Rentals						
Pool, gymnasium, locker rooms, studios.	Deer Path		7:00 PM	10:00 PM	\$773	\$1,004
	Doylestown	Saturdays / Sundays	6:00 PM	9:00 PM	\$773	\$1,004
	Fairless Hills		5:00 PM	8:00 PM	\$773	\$1,004
	Quakertown		5:00 PM	8:00 PM	\$773	\$1,004
		Addition	nal hour at al	l branches:	\$258	\$258
	Individ	dual instructors ava	ilable at an l	ourly rate:	\$30/hr	\$30/hr

Facility Space Rentals		Branch Location	Day	Av	ailable Hours	Member RENTAL FEE	Non-member RENTAL FEE
Individual Space Rentals	Teen Center / Pavilions	Doylestown	Sat / Sun	2:00 P	M-9:30 PM	\$74	\$151
at hourly rates			Additional fee for rentals after 6:00 PM:			\$103	\$103
	Outdoor Basketball Courts	Doylestown	Sat / Sun	12:00 P	M-5:00 PM	\$26/hr	\$38/hr
	Gymnasium	Quakertown	Conta	Contact for availability		\$103/hr	\$103/hr
	Auxiliary Gymnasium	Quakertown	Conta	Contact for availability			\$97/hr
	Pool / Aquatic Center - After Hours Only	Warminster	Sat / Sun	12:30 P	M-2:30 PM	\$308	\$385
				Addit	ional hour:	\$165	\$165
		Individual instructors	available for swim les	ssons at an h	ourly rate:	\$15/hr	\$15/hr
	Studio	Warminster	Week	Afte ends 12:00 P	r Hours or M-2:00 PM	\$103/hr	\$180/hr
Holland Pool Rental	After Hours Only - Seasonal, Mid-June thru August		Saturdays	5:00 PM	7:00 PM	\$299	\$361
					Addi	tional hour:	\$165

Huntardon County Sassanal Bontals		Men	ber Non-member
Hunterdon County Seasonal Rentals	Day	Available Hours RENTAL	FEE RENTAL FEE

Camp Carr Rental

A campground that operates April-October.

Email Andy Cogen at acogen@ymcabhc.org for availability and pricing

SPORTS & ARTS

All Branches | Summer

Warminster

METRO ESPORTS

Contact metroesports@ymcabhc.org with questions

\$0

\$0

\$0

\$10

\$10

\$10

\$0 \$10 Drop-in

Gaming Lounge Open Hours

6 yrs+ | Kids 8 and under must be accompanied by chaperone. | Kids 9-11 should have a parent in the building.

August 16th: Fortnite 2v2 Elimination Race

August 30th: Nba2k23 & Madden2k23 1v1

August 23rd: Smash Ultimate

Mon-Fri 4:30-9:00 PM Sat & Sun 2:00-6:00 PM

Doylestown

Mon-Fri 4:30-7:00pm Sat/Sun 2:00pm-5:00pm Fairless Hills
Mon-Thur: 4:30-9pm
Friday: 4:30pm-8pm
Sat/Sun: 2pm-5pm

Esports Lounge Daily Pas	S	Age				Member	Non-membe
Oylestown iday Night Tournaments Join us down in the Metro Game Lounge each and every different esports title, cycling between Fortnite, Overwate other players. Daily Metro Coins are awarded to winners education curriculum, and so much more in the Metro Sh June 7th: NBA2K23 & Madden2k23 1v1	6 yrs+				n/a	\$1	
Doylestown		Age	Day	Start Time	End Time	Member FLAT FEE	Non-member
riday Night Tournaments	Join us down in the Metro Game Lounge each and every Fr different esports title, cycling between Fortnite, Overwatch other players. Daily Metro Coins are awarded to winners a education curriculum, and so much more in the Metro Sho	2, NBA2k/Madden, and S and participants, redeema	mash Ultimate! 3	loin with a team or	register as a free	agent to be r	matched with
	June 7th: NBA2K23 & Madden2k23 1v1	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	June 14th: Overwatch 2	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	June 21st: Fortnite 2v2 Elimination Race	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	June 28th: Smash Ultimate 1v1	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	July 5th: NBA2k23 & Madden2k23 1v1	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	July 12th: Overwatch 2v2	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	July 19th: Fortnite 2v2 Elimination Race	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	July 26th: Smash Ultimate 1v1	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	August 2nd: NBA2k23 & Madden2k23 1v1	All ages	Fri	4:00 PM	6:00 PM	\$0	\$
	August 9th: Overwatch 2v2	All ages	Fri	4:00 PM	6:00 PM	\$0	\$

Metro Madness

Introducing Metro Madness, every Wednesday from 3pm-6pm! Stop by for as little or as long as you'd like to play your favorite games, or explore new ones, and race to earn points and climb the leaderboards. No matter if you're a fan of Fortnite or Overwatch or Minecraft, everyone can compete in their favorite titles and earn points at the same rate as others. This Winter, everyone is on an equal playing field at the YMCA's Metro Madness Weekly!

Fri

Fri

Fri

4:00 PM

4:00 PM

4:00 PM

6:00 PM

6:00 PM

6:00 PM

All ages

All ages

All ages

Every Wednesday All ages Wed 3:00 PM 6:00 PM

Tech Day-off School Camp: Build-a-Computer Camp

Join us for a fun day-off school camp, and learn how to build your very own gaming computer! Our Build a PC Day Camp will show kids the different parts of a computer, how they work together, and even take a part and reassemble some Metro PCs. Kids will also get to play games on the computers they build. And to top it all off, they'll have a blast with a special computer-building simulator game and a casual gaming tournament at the Metro Esports day camp.

 Tuesday, April 23rd
 Gr 2-7
 Thu
 8:00 AM
 5:00 PM
 \$68
 \$88

Metro Esports 2024: Page 1 (ed. 4/19/24)

ZeroSecondShowdown #2 - Rocket League LAN Tournament	ZeroSecondShowdown #2 returns with an electrify an intense, fast-paced showdown with a major pri: https://www.start.gg/ZSS2									
	Saturday, May 25th		Sat	10:00 AM	8:00 PM					
Mario Movie Night -	Enjoy the new Super Mario Movie and join in a Ma	rio-themed game night, a perfe	ct blend of casual g	aming and interact	tive fun for famili	es.				
Community Event	Saturday, August 17th	All Ages	Sat	4:00 PM	6:00 PM	\$0	\$10 Drop-in			
Fortnite Box Fight Night	thrilling evening of intense box-to-box combat, inviting players to showcase their Fortnite skills in a series of fast-paced battles.									
	Saturday, August 10th	Age 11+	Sat	3:00 PM	5:00 PM	\$0	\$10 Drop-in			
Esports Rivalry Match - Community Event	Don't miss the live esports matchup between Willia coming soon.	am Tennent and La Salle College	e High Schools – a s	showcase of local s	scholastic talent a	nd competition	on! More info			
	October 2024	All Ages	Date TBD			\$0	\$10 Drop-in			
Esports Day off School Camp	Metro Esports offers seasonal day off school camp day off into an adventure of creativity, collaboration when schools are closed.									
	September 2024	Gr 2-7	Date TBD			\$58	\$78			
Tech Day off School Camp: Build-a-game	Tech Day off School Camp: Build-a-Game offers st provides the tools and guidance needed to turn im learning and fun for young game enthusiasts!									
	November 2024	Gr 3-7	Date TBD			\$68	\$88			
Tabletop Game Night -	A mix of competitive and casual games for players	of all ages and skill levels.								
Community Event	December 2024	All Ages	Date TBD			\$0	\$10 Drop-in			
Fairless Hills		Age	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE			
Minecraft Mondays	Each Week, Metro will be hosting Minecraft Monday! Each Monday, members join us for fun, free, and family friendly mini-events on our YMCA Minecraft Server. Guests who join us in the lounge will have the opportunity to earn coins to spend in the Metro Shop, and gain points towards our competitive season! Players will work together to complete challenges, think creatively, and earn points. Great for kids and families!									
	Every Monday	All ages	Mon	3:30 PM	6:00 PM	\$0	\$10 Drop-in			
Esports Day-off School Camp: Fortnite Bootcamp	Fortnite Bootcamp offers gamers the ultimate experimental players, focusing on strategy, teamwork, and gametactics, all in a fun and supportive environment. It	eplay.Participants learn from ex	perienced instructo	ors, engage in exci	ting challenges, a	ınd enhance g	gaming			
	Tuesday, April 23rd	Gr 3-8	Tue	8:00 AM	5:00 PM	\$45	\$55			
Block Bash - Minecraft Event	Meet other players, take part in creative challenge experience level. Come join us for a day of engagi		xills at Block Bash! I	Perfect for anyone	who enjoys Mined	craft, regardle	ess of their			
	Friday, August 2nd	Gr 2-7	Fri	4:30 PM	6:30 PM	\$0	\$10 Drop-in			
Esports League	More info coming soon! Spanning six weeks of conregister as a free agent to be paired with others. Fto hone their skills, collaborate with peers, and en	eaturing popular games like Sm	nash, Fortnite, and	more, this league o						
	October 5th - November 9th	Gr 4-7	Sat, Sun	11:00 AM	1:00 PM	\$78	\$110			
Esports & Sports Crossover Day off School Camp	Esports & Sports Crossover Day Camp, presented the thrill of esports with the energy of traditional steamwork, and fun, providing a balanced mix of so	ports, offering an engaging exp	erience for kids into							

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	Wednesday, November 27th	Gr 3-7	Wed	8:00 AM	5:00 PM	\$55	\$65
Warminster		Age	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Tech Day-Off School Camp: Game	Tech Day off School Camp: Game Building in Unreal Engine, development. This engaging camp equips young minds with budding game designers. Parents and kids alike will be thrill educational enrichment.	the tools to build their	own projects in U	nreal Engine, with	easy-to-follow st	eps perfect for	beginners or
	Friday, May 24th	Gr 1-7	Fri	8:00 AM	5:00 PM	\$68	\$88
Roblox Rumble	Ready to win some Robux?! "Roblox Rumble" is a weekly, fu allows participants to drop in at any time during the event h (obbys), battle royales, and team-based games rotate to ke	ours to compete in var	ious Roblox challe				
	Every Saturday	All Ages	Sat	2:00 PM	5:00 PM	\$0	\$10 Drop-in
Retro Gaming Night	A nostalgic journey through classic gaming! Dive into a vast an added personal touch. This evening is all about casual pla reliving cherished gaming moments or discovering retro gen	ay, reminiscing, and sha	aring your love fo	r timėless games w	rith fellow enthusi	asts. Whether	you're´
	Friday, May 31st	All Ages	Fri	6:00 PM	8:00 PM	\$0	\$10 Drop-in
Minecraft & Code	Did you know you can learn to code through Minecraft?! In the Minecraft ecosystem. Students will learn the fundamentals of exciting worlds! Upon completing this course, students will retry just one.	of JavaScript programm	ing language and	complete STEM-ba	sed theme projec	cts while creat	ing their own
	September 14th	Gr 2-7	Sat	12:30 PM	2:00 PM	\$40	\$55
	September 14th - October 19th (Six Weeks)	Gr 2-7	Sat	12:30 PM	2:00 PM	\$170	\$235
Esports Parties						Member FLAT FEE	Non-member FLAT FEE
Doylestown Esports Party	Available during open Lounge Hours: 15 kids included;	\$10 per additional k	id.			\$365	\$450
Doylestown After Hours Esports Party	Outside regular open Lounge Hours: 25 kids included;	\$10 per additional ki	d.			\$499	\$595
Fairless Hills Esports Party	Available during open Lounge Hours: 15 kids included;	\$10 per additional k	id.			\$289	\$384
Fairless Hills After Hours Esports Party	Outside regular open Lounge Hours: 25 kids included;	\$10 per additional ki	d.			\$339	\$434
Warminster Esports Party	Available outside of Lounge Hours: 16 kids included; \$	10 per additional kid				\$289	\$384

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WELLNESS

Quakertown | Summer

PERSONAL TRAINING

Contact Nicole Martorella with questions at nmartorella@ymcabhc.org

Personal Training Club		Age			Member MONTHLY	Non-membe MONTHL
Personal Training Club:	30-min Sessions: (4) per Month / 1x per Week	12 yrs+			\$95	N/A
Join the PT Club and get one-on-one time with	30-min Sessions: (8) per Month / 2x per Week	12 yrs+			\$189	N/A
a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.	30-min Sessions: (12) per Month / 3x per Week	12 yrs+			\$284	N/
Club prices are lower than package pricing, clients	45-min Sessions: (4) per Month / 1x per Week	12 yrs+			\$138	N/A
may carry over one unused session per month,	45-min Sessions: (8) per Month / 2x per Week	12 yrs+			\$275	N/
d the monthly draft is automatically taken out the beginning of each month with no additional sed to register each month.	45-min Sessions: (12) per Month / 3x per Week	12 yrs+			\$413	N/
	60-min Sessions: (4) per Month / 1x per Week	12 yrs+			\$181	N/A
There is a three month minimum commitment	60-min Sessions: (8) per Month / 2x per Week	12 yrs+			\$361	N/
in order to receive the discounted pricing.	60-min Sessions: (12) per Month / 3x per Week	12 yrs+			\$542	N/A
					Member	Non-membe
Personal Training		Age	Start Time	End Time	FLAT FEE	FLAT FE
Personal Training Packages:	30-min Personal Training: (5) Sessions	12 yrs+			\$137	\$22!
One-on-one time with a personal fitness trainer who can help you to meet your goals or get started	30-min Personal Training: (10) Sessions	12 yrs+			\$252	\$41
on your fitness journey.	45-min Personal Training: (5) Sessions	12 yrs+			\$194	\$32
	45-min Personal Training: (10) Sessions	12 yrs+			\$365	\$60
	60-min Personal Training: (5) Sessions	12 yrs+			\$252	\$410
	60-min Personal Training: (10) Sessions	12 yrs+			\$481	\$79
First Time Client Promotion: (3) 45-minute Sessions	Special pricing for first time personal training clients. Three 45-minute introductory sessions. All sessions must be used within 60 days of purchase.	12 yrs+			\$90	N/
Partner Training		Age	Start Time	End Time	Member FLAT FEE	Non-member
Partner Training Packages:	45-min Partner Training: (5) Sessions	12 yrs+	Pricing is	per person	\$121	\$199
There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-			_			

12 yrs+

12 yrs+

Pricing is per person

Pricing is per person

60-min Partner Training: (5) Sessions

60-min Partner Training: (10) Sessions

by-side with a Personal Trainer and stay on target!

\$260

\$462

\$158

\$280

Team Training		Age		Member FLAT FEE	Non-member FLAT FEE
Team Training Packages:	3 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$63	\$104
Work with any of our motivating and experienced trainers in a TEAM setting of three to five participants. Perfect for	3 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$110	\$182
in a TEAM setting of three to five participants. Perfect for neighbors, friends, school teams, etc. Teams will also be created by Y professional staff, giving you the greatest price value in personal	3 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$79	\$130
	3 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$142	\$234
	4 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$53	\$87
training savings!	4 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$89	\$147
	4 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$70	\$116
	4 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$125	\$206
	5 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$44	\$73
	5 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$74	\$122
	5 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$62	\$102
	5 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$110	\$182

WELLNESS TOOLS & PROGRAMS

Contact Andrea Brown with questions at agbrown@ymcabhc.org

\$165

\$165

Voor the Post A Cardionulmonary Maintenance Program				Member	Non-member
Keep the Beat - A Cardiopulmonary Maintenance Program	Age	Start Time	End Time	FLAT FEE	FLAT FEE

Keep the Beat is a cardiac rehab maintenance program that promotes the continuation of exercise beyond cardiopulmonary rehabilitation with the support of a fitness professional to build lifelong healthy habits and maintain a healthy heart and lungs. This program is specifically for patients who've graduated from cardiac or cardiopulmonary rehabilitation and want to maintain optimal heart and vascular health. A collaboration between St. Luke's Cardiopulmonary Rehabilitation and the Y, this 4-week program includes an initial fitness consultation appointment with a cardiac rehab certified personal trainer to discuss your goals and establish an exercise plan in continuation of your rehab, an optional InBody body composition scan, and six 30-minute personal training sessions.

(6) 30-minute Sessions

Participation in the program includes four weeks of full branch access.

InBody Scan	Age	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Members receive a complimentary InBody scan with fitness consultation every 3 months with their YMCA membership. Additional scans may be purchased at \$25 per scan.					

12 yrs+

InBody Scan Free every 3 months for YMCA members with consulation 12 yrs+ Additional available at: \$25 \$40

Keep the Beat 4-Week Program